

This activity will place emphasis on personal response to the day spent by each individual at the west Eugene wetlands.

1. The lesson will begin with verbal reflection as questions are related to activities experienced throughout the day, and children will be asked to describe their favorite moments from the afternoon, along with their name and a predetermined question used for each child. For example-favorite color, pets name. This will create a sense of intimacy within the group, as well as take personal inventory, and refocus on moments from the day they wish to experience further.

2. The second part of the lesson will be the creation of our scrapbook/journals. Art supplies provided will allow each child to bring personal uniqueness and identity into the project. This may be more intensive with personally related art ideas; for example, making each journal cover the color you would be in a box of crayons. Upon completion of our journal covers, we will travel to an area along the paths and sit prepared to write. This lesson will place emphasis on sensory as well as emotion, and we will begin by asking each child to close their eyes and listen to the sounds around them.

3. The writing portion of this activity will vary in time dependent on groups' collective age. Closing our eyes we will engage only with the sounds around us, followed by a time to write about what we heard, and what those sounds remind us of.

4. Closing our eyes for a moment longer we will focus on the smells of the area: has it just rained? Is it hot and arid? A few moments will then be given to take note of this experience.

5. Next, we will engage visually with the world around us taking a few minutes to record our sightings. This can also be detailed in a more distinctive way. An example of this would include only making note toward specific detail; list everything blue ect.

6. Moving locations we will take time to feel the earth around us, grasses and earth, writing our descriptions, and what other items they feel like-ex: gravel feels like dried cereal, dense grasses like spools of ribbon.

Each writing activity will be only a couple minutes in length, so that we can explore different types of writing.

7. A brief definition of various types of poetry will be included, and children will take a moment to write a haiku or sonnet (again age dependent).

8. If time allows we can also pick a wetland creature and write a quick short story about it.

After each activity volunteers from the group will be selected to share their writings, and we will collectively provide positive feedback on what we liked about each piece, as well as how it made us feel. This will continue a feeling of connection between the previously unacquainted individuals.

9. Lastly, we will take a few moments to journal about our day; what we liked, what we didn't, if we wish to come back, and who(if anyone) we'd like to have back with us.

This completes a personal post assessment for this certain activity, as well as for the entire day.

Lesson and activity time: 50-60min.