

# Thorax, Abdomen, Head & Neck

## Thorax and Abdomen

### Palpations:

- Manubrium
- Sternal body
- Xiphoid process
- Ribs & Costal cartilage
- Abdominal Quadrants
  - o Spleen
  - o Appendix (McBurney's point)

### Stress Tests:

- **Valsalva's Test (Maneuver)** – Herniated vertebral disk, tumor
- **Abdominal Percussion** – Internal bleeding
- **A-P & Lateral compression tests** – Rib contusion, fracture or costochondral separation

\* Kehr's sign

## Head and Neck

### Palpations:

- Cervical Spinous processes
- C7 spinous process
- T3 – Scapular spine
- T7 – Inferior Angle of Scapula
- L4-L5 Interspace – Iliac Crest

### Special Tests:

- **Brachial Plexus Traction Test** – Tension or compression of brachial plexus
- **Rhomberg's Test** – cerebellar dysfunction (concussion)