

# OHSU Center for Health & Healing: Transportation Information

## Driving directions to the OHSU Center for Health & Healing

### From downtown Portland

- Proceed south, then turn left onto S.W. Harrison Street.
- Cross over Naito Parkway.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the north via I-5 or the east via I-84

**(Note: If you are traveling west on I-84, merge onto I-5 South, then follow these directions.)**

- Stay in the right lane as you cross the river on the Marquam Bridge.
- Take exit 299A to 43/Lake Oswego/Macadam. As you exit, move to the middle lane.
- Follow the signs to "South Waterfront." As the road curves to the left, stay to the left.
- At the light, turn left onto S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the north via I-405

- Follow signs for I-405 (Salem/The Dalles.)
- Take Exit 1C (S.W. 6th Ave.)
- Stay in left lane and follow signs for 6th Ave/City Center/Auditorium.
- Turn left onto S.W. 6th Ave .
- Turn right onto S.W. Harrison.
- Cross over S.W. Naito Parkway.
- Turn right onto S.W. Moody Ave.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via S.W. Macadam or Sellwood Bridge

- Travel north on S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

## Public Transportation (TriMet and Portland Streetcar)

The Portland Streetcar has been extended to service Portland's South Waterfront. The streetcar stops at the corner of S.W. Moody and S.W. Gibbs, which is across the street and just north of the Center for Health & Healing. Patients and visitors may ride a TriMet bus downtown and transfer to the Portland Streetcar. The closest streetcar stop to the downtown transit mall is at S.W. 5th and Market. The streetcar accommodates bikes and wheelchairs. Schedules and fare information are available online at: [www.portlandstreetcar.org/](http://www.portlandstreetcar.org/)

## Parking

The OHSU Center for Health & Healing offers its patients free parking in the center's parking garage. The entrance to the garage is on S.W. Whitaker, directly across the street from the center.

**During construction at South Waterfront, please watch for detour signs and flaggers directing traffic.**

### From the south via S.W. Barbur Blvd.

- Travel north on S.W. Barbur Blvd.
- Exit onto S.W. Naito Parkway.
- Turn right onto S.W. Harrison.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the south via I-5

- Take exit 299A (43/26 East Ross Island Bridge/Macadam.)
- At first stop light, turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the east via the Ross Island Bridge

- After crossing the river on the Ross Island Bridge, take the exit on the right to 43/Lake Oswego/Macadam.
- Follow the signs to "South Waterfront." As the road curves to the left, stay to the left.
- At the light, turn left onto S.W. Macadam.
- Turn right onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

### From the west via Hwy 26

- Pass through the Vista Tunnel and stay in the center lane to exit onto S.W. Market Street.
- Stay on Market Street.
- Cross over Naito Parkway onto S.W. Harbor Drive.
- At the second light, turn left onto S.W. Harrison.
- Turn right onto S.W. Moody.
- Turn left onto S.W. Curry.
- Turn left onto S.W. Bond.
- Turn left onto S.W. Whitaker to enter the parking garage.

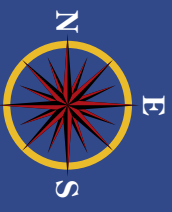
## Portland Aerial Tram

The Portland Aerial Tram is a convenient method of alternative transportation when traveling between South Waterfront and Marquam Hill. Patients who have appointments and want to use the Tram as transportation between these two locations may pick up a free fare ticket at the Center's Welcome Desk or from their doctor's office in the Center on the day of their appointment. Although patients traveling from Marquam Hill for an appointment in the Center for Health & Healing do not need a ticket, they must pick up a ticket at the Welcome Desk for their Tram ride back to Marquam Hill. Tram hours are: Monday-Friday, 6 a.m. to 10 p.m., and Saturday, 9 a.m. to 5 p.m. Additional information is available on the Web at [www.portlandtram.org](http://www.portlandtram.org).

### Please note:

TriMet will not begin bus routes to South Waterfront until fall 2007.

The OHSU Center for Health & Healing is located at 3303 S.W. Bond Ave., on the west side of the Willamette River and just south of the Ross Island Bridge, in Portland, Ore. For more information go to [www.OHSUhealth.com](http://www.OHSUhealth.com).



MAP NOT TO SCALE

WILLAMETTE RIVER

WILLAMETTE RIVER

During construction at South Waterfront, please watch for detour signs and flaggers directing traffic.



**Center for Health & Healing Services**

- Aging & Alzheimer's (8th floor)
- Ambulatory Surgery Ctr (4th floor)
- Bone Densitometry (6th floor)
- Cancer Care (7th floor)
- Cardiovascular Services (9th floor)
- Casey Optical Studio (1st floor)
- Comprehensive Pain Ctr (4th floor)
- Contact Lens Service (1st floor)
- Dermatology Services (16th floor)
- Diagnostic Imaging (3rd floor)
- Digestive Health Ctr (6th floor)
- Endoscopy (6th floor)
- Eye Care (11th floor)
- Family Medicine (9th floor)
- Fertility Consultants (10th floor)
- Geriatrics (9th floor)
- Infusion Therapy (7th floor)
- Internal Medicine (9th floor)
- Laboratory (3rd floor)
- March Wellness and Spa (1st floor)
- Neurological Surgery (8th floor)
- Neurology Services (8th floor)
- Orthopaedics (12th floor)
- Otolaryngology/ENT (5th floor)
- Outpatient Rehabilitation (2nd/3rd floors)
- Pharmacy (1st floor)
- Plastic & Reconstructive Surgery (5th floor)
- Pre-Admission Testing (4th floor)
- Spine Ctr (12th floor)
- Sports Medicine (12th floor)
- Urology/Urologic Oncology (10th floor)

**OHSU Center for Health & Healing**  
**3303 S.W. Bond Ave.**  
**Portland, Oregon 97239**

