## MUSIC AND **P**



## **Doctoral Public Lecture**

CELINE THACKSTON, flute

Developing Artistry Through Thoughtful Practice: Pedagogical Applications for Young Students

This public is presented in partial fulfillment of the requirements for the Doctor of Musical Arts
In Flute Performance

Molly Barth, Committee Chair

Steve Vacchi and Frank Diaz, Committee Members

Room 142 Thursday, November 13, 2014, 3:30 PM



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PROGRAM PROGRAM

I: Defining the Need
Discussion of Current Literature

II: Addressing the Whole Musician
Breathing and Stretching Exercises
Visualization and Mindfulness Exercises

III: Instilling Healthy Practice Habits
Useful Practice Strategies
Encouraging Student Productivity via Technology

IV: The Method Book
Sample Exercises and Etudes from the Book

V: Questions and Answers

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