

Motivation and Emotion
Psychology 468/568
Fall, 1997

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Office Hours:	Wednesdays, 10:30-noon Thursdays, 11:30-12:30 p.m.

****Please do not call me at home or come to my office without an appointment.
Thank you very much for your cooperation!****

Welcome to Motivation and Emotion! The class will meet Tuesdays and Thursdays from 12:30-1:50 p.m. in Straub 146. All students registered for the class are expected to attend and participate actively.

Textbooks: Understanding Emotions by Oatley and Jenkins, 1996, available at the UofO Bookstore. Motivation and Emotion Course Notes and Workbook by Jan Mohlman. The textbook and workbook are required for the course; however, some of the lectures will cover material not found in either. You do not need to bring the textbook to class; **however, please bring the workbook to class with you every day.**

Exams: We will have two exams, each worth 35% of your total grade; the first on Thursday, October 23 from 12:30-2:00 p.m. and the second on Thursday, December 9 from 1:00-3:00 p.m. Exams will be approximately 75 items in multiple choice/short answer format, and will not be cumulative. **NO MAKE-UP EXAMS WILL BE GIVEN**, so if you know that you will be out of town on either of the exam days, you should drop the course right away.

Group Poster: At the end of the term, a poster will be due, worth 30% of your grade. The posters should be produced by groups of 5 students each, and should cover a broad area of current emotion research. The overall goal of the poster is for each group to summarize and link three different articles on an emotion-related topic. Some examples of poster topics might be: suppressing emotions, attachment and emotion regulation, measuring emotion, etc. The poster will be discussed in detail throughout the term, and a sheet of guidelines will be distributed during week 3. The posters will be displayed during the ninth and tenth weeks of the term in our classroom during a mini-conference. Authors must be present to answer questions about their posters, and every group member should be able to summarize the poster verbally in about ten minutes. Your group will also turn in a written version of your poster to me, due on November 26 by 5:00 p.m. at the latest. Be sure that all names of group members appear on the written version of the poster. If your written version is late, you will lose 2 points/day. There will be at least one exam question from each poster on the second exam, so do not miss the conference. A summary of group members and topics are due, in writing, on Thursday, Oct. 16 in class.

Grading: I grade on a rough curve. Top 10% of the curve=A's, 80-89%=B's, 65-79%=C's, 50-65%=D's, Below 50%=F's. Automatic F's will be given if you plagiarize or cheat on any of these assignments, or if you miss one or both exams.

Reading assignments and agenda

Week 1, September 30, October 2:

Oatley and Jenkins, chapters 1 (pp. 22-34) and 4. Topics covered: Introduction to the scientific study of emotion, definitions of emotion and motivation. Film, "Motivation and Emotion."

Week 2, October 7 and 9:

Oatley and Jenkins, chapter 5. Topics covered: perspectives and theory on emotion, brain mechanisms and physiology of emotion.

Week 3, October 14 and 16:

Oatley and Jenkins, chapter 2, start finding and reading articles for presentation. **Poster topics due on Thurs.** Topics covered: Damasio's patient studies, neurotransmitters, the effects of drugs and alcohol on the human emotional system, the effects of stress and trauma on the brain: Sapolsky and the glucocorticoids, film on stress and health.

Week 4, October 21 and 23:

Oatley and Jenkins, chapter 3. Topics covered: evolutionary, ethological, and cross-cultural perspectives on emotion. film "The Human Face," emotional contagion, the basic emotions, film on Heat and Aggression.

Thursday October 23.

EXAM 1

Week 5, October 28 and 30:

Oatley and Jenkins, chapters 6 and 7. Topics covered: the basic emotions (cont.), film on fear conditioning in monkeys, measuring and manipulating emotions, development of emotions, individual differences, emotion regulation.

Week 6, November 4 and 6:

Oatley and Jenkins, chapter 8. Topics covered: Film, "The Responsive Brain", diagnosis of maladaptive emotions, emotional disorders.

Week 7, November 11:

Oatley and Jenkins, chapter 11 and 12; Topics covered: treatment of emotional disorders.

****Take Thursday, November 13 off!! Teacher's out of town.**

Week 8, November 19 and 21:

Oatley and Jenkins, chapters 9. Topics covered: Emotion and cognition...separate, interactive, or the same? The effects of cognition on emotion and vice versa, hiding and suppressing emotions. If time: emotions in social relationships.

Week 9, November 26 and 28:

ALL WRITTEN VERSIONS OF POSTERS DUE ON NOV. 26 by 5:00 p.m.

Start poster sessions.

Week 10, December 3 and 5:

Finish poster sessions.

Tues., December 9 from 1:00-3:00 p.m.

***EXAM 2**

NOTE: This syllabus is subject to change; however, exam dates and poster session dates will not change.