## PSY 202 MIND AND SOCIETY 146 Straub 8:00-8:50 MWF

In this class, we will be asking the question, "Why do people do the things they do?" Have you ever wondered about any of the following questions?:

Why do people hurt each other? What is the effect of watching TV?

Why are some people crazy? And just what is 'crazy', anyway?

Why do some people abuse their children? Their wives?

Why do people seem to get more aggressive when they drive?

Why do some people go into psychotherapy? And just what does it do for them?

If you have wondered about any of these questions, or other questions about human nature and human behavior, this course should be an interesting one for you.

We will cover the broad subject areas of stress and health, child psychology, personality, social psychology, and abnormal psychology. We will examine how the field of psychology tries to answer questions like the ones above and, in the process, come to a greater understanding of ourselves and others.

**TEXTBOOK**: Zimbardo, P. And R.J. Gerrig. <u>Psychology and Life</u>. HarperCollins, 14th edition.

Study Guide available (at the bookstore) and recommended.

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**LECTURES:** The lecture section of this class will meet 8:00 to 8:50 on MWF. Lectures will sometimes cover material that is covered in the book, but in greater depth and detail. At other times, lectures will cover material <u>not</u> in the book, and you will be responsible for this material on quizzes.

**EXAMS AND GRADING:** You can earn a possible 300 points in this class, broken down the following way:

Weekly quiz (in class)--

15 points each x 10 = 150

(Friday mornings, questions on that week's readings and lectures)

Attendance and participation at

discussion sections

5 points each x 8 = 40

Group project

90 points

WWW and class experiments

5 points each x 4 = 20

(Separate from the research requirement)

A = Above 260 points

B = 230-259 points

C = 200-229 points

D = 170-199 points

MAKE-UP POLICY: Make-ups will not be given for quizzes except at the time of the final quiz (given at the final exam time). At that time, if you have missed a quiz, you will be given a make-up quiz for the one(s) that you missed.

CLASS PROJECT: Your project for this class will be a group project (groups of 3 or less) in which you will learn something about psychology and present it to the class, in the form of a poster and/or a short talk. (More on how to do this as the term goes on.) This project may be a research project, a research proposal, or a review of some relevant literature. Group presentations will be on the week of March 3.

**RESEARCH REQUIREMENT:** There is a research requirement for this class. There are two options for completing this requirement:

- 1. Participating in the Human Subject Pool and getting experience as a subject in an actual psychology experiment.
- 2. Writing a short paper on an interesting experiment that has been done and that you find in the library.

DISCUSSION SECTIONS: Discussion sections meet weekly except for the third and the last week. The discussion sections are designed to help you understand the applications of the materials covered in the readings and lectures and to give you time to prepare your class project. There will be no sections during the week of January 20 or the last week of the term.

## SCHEDULE OF READINGS AND TOPICS:

WEEK	READINGS	DISCUSSION
January 5	Chapter 13	Getting acquainted Stress and Health How do you cope with stress?
January 13	Chapter 5	Rating TV violence
January 20	Chapter 6	NO SECTIONS
January 27	Chapter 14	Dreams and defense mechanisms Choose small groups and begin to choose Topic.
February 3	Chapter 15	Projective personality tests
February 10	Chapter 16	Stereotypes and prejudice
February 17	Chapter 17 (part 1), pp. 628 <sub>.</sub> - 648.	Deciding who is crazy.
February 24	Chapter 17 (part 2), pp. 648 - 670	Mental "disorders" and context
March 3	Chapter 18	Cognitive Therapy for anxiety
March 10	Group presentations	NO SECTIONS

MARCH 20, 10:15 AM, FINAL QUIZ [WITH QUIZ MAKE-UPS]