# Psych 410/510: Psychology of Religion Syllabus Spring 2005

### **Instructor Information:**

Instructor: Robert C. Gordon, Ph.D.

Lectures: 9 a.m. M W F 146 Straub Hall

Office Hours: Monday 11-12 Tuesday 11-12 Thursday 1-2 348 Straub Hall

Instructor email: rcgordon@uoregon.edu

Instructor Phone: 346-4819

## **Course Description**

Religion is one of the most powerful forces animating the world today. This course will explore the psychology behind this propulsive power. The course will not only introduce students to classic figures in the field such as William James, Sigmund Freud, Carl Jung, and Abraham Maslow, it will also explore why individuals become so strongly wedded to their religious beliefs, and the ways in which religious institutions channel human activity. Finally, it will examine the rise of religiously inspired terrorism, and its implications for the future.

The course will approach psychology of religion from three different but complementary perspectives -- phenomenological, empirical and sociological. The first part of the course will study psychology of religion from a phenomenological perspective. This approach will help us understand just what we mean by religious experience considered psychologically. Our phenomenological exploration will depend heavily on William James' classic *The Varieties of Religious Experience*. It has been said that all of Western philosophy is a footnote to Plato. It can equally as well be said that all of the psychology of religion is a footnote to William James because he explores most of the salient issues that have become important to the field. Students will also have the opportunity to study James' Pragmatism. He is well known for his pragmatic assessment of religion, holding that if religious beliefs and practices produce positive practical effects, then that fact is grounds for considering religious beliefs to be true. Students will learn how significantly James' pragmatic approach has influenced empirical studies in the psychology of religion.

The second phase of the course will study the empirical approach to psychology of religion. It will center on the question: How do we measure religious experience and its effects? It will explore methodological and ethical issues unique to the psychology of religion, explicating how it is that we can scientifically measure religious attitudes, thoughts, behaviors and experiences. It will present psychological research concerning religion and human development, mystical experience, conversion, new religious movements, mental/physical health, and personality and religion.

The final phase of the course will explore psychology of religion from a sociological perspective. It will center on the question: What are the social effects of individual religious psychologies? This section of the course will be concerned with studying how individual religious belief translates into group action AND how the religious ideology of the group shapes the religious psychology of the individual. It will briefly survey the history of the religions of Abraham – Judaism, Christianity, and Islam – and the sociopolitical effects of their ideology of religious conquest.

Finally, insights from the phenomenological, empirical and social approaches to the psychology of religion will inform an examination of the roots and rise of religious terrorism.

## **Required Textbooks:**

Eric Hoffer, The True Believer

William James, *The Varieties of Religious Experience* 

Additional required readings will be articles concerned with the scientific assessment of techniques of inner direction.

## **Grading:**

Grades will be based on a mid-term examination (30% of your grade), a final examination (40% of your grade), and a 5-8 page research paper (30% of your grade). Details of the requirements for the research paper will be presented in class.

#### **Schedule of Lectures**

### Week I (March 28 – Apr 1)

General Introduction and Religious Autobiography Pragmatism and Religion Institutional Religion vs Individual Religious Experience The Religion of Healthy-Mindedness

**Reading:** James, *Varieties*, (pp. 1-95).

## Week II (Apr 4 – Apr 8)

The Sick Soul The Divided Self, and the Process of Unification Conversion

**Reading:** James, *Varieties*, (pp. 96 –192).

### **Week III (Apr 11 – Apr 15)**

Saintliness Mysticism Sacrifice, Confession, and Prayer **Reading:** James, *Varieties*, (pp. 193 – 318).

### Week IV (Apr 18 – Apr 22)

William James and the Future of Religion Sigmund Freud and the Origins of Religion Freud and the Future of an Illusion

**Reading:** James, *Varieties*, (pp.339 – 390).

### Week V (Apr 25 – Apr 29)

Carl Jung and the Search for Soul Abraham Maslow and Peak Experience Mid-Term Examination (Friday April 29).

**Reading:** (No Assignment – review James for mid-term)

## Week VI (May 2 – May 6)

Empiricism and the Psychology of Religion Historical and Theoretical Developments Social Influence Theory

**Reading:** Articles on Science and Inner Direction.

## Week VII (May 9 – May 13)

Religious Orientation, Attitudes, and Behavior Religion and Health The God Helmet

**Reading:** Articles on Science and Inner Direction.

#### Week VIII (May 16 – May 20)

Deuteronomy and the Traditions of Abraham Christianity and Religious Conquest Jihad and the Expansion of Islam **Reading:** Articles on Science and Inner Direction.

#### Week IX (May 23 – May 27)

The Psychology of the True Believer Faith and Mass Movements Religion and Political Action

**Reading:** Hoffer, *True Believer*, (pp. 1 - 53).

### Week X (May 30 – June 3)

Memorial Day (No Class)
Contemporary Culture and Religious Violence
Religion and Cultural Coexistence

**Reading:** Hoffer, *True Believer*, (pp. 54 – 168).

#### Finals Week (June 6 – June 10)