# PSY 202: Mind & Society

Summer 2005 · MUWHF · 10:00 - 11:50 AM · 242 Gerlinger

Instructor: Ted Gardner, M.A., M.S.

Office: Straub 342 · Office phone: 346-3999

Office hours: Wednesday 12:30 - 1:30 & Thursday 12:00 - 1:00 or by appt. e-mail address: tgardner@darkwing.uoregon.edu (best way to reach me)

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### COURSE DESCRIPTION:

This course is part of a two-course sequence: PSY 201 and PSY 202. Each course gives you an introductory overview of different aspects of the field of psychology, which is the scientific study of mental processes and behavior. After an overview of the main issues and theoretical perspectives in psychology, in PSY 202 we will cover the following topic areas: developmental psychology; personality; emotion, stress & coping; psychological disorders and treatments; and social behavior.

### GENERAL COURSE OBJECTIVES:

- To gain an understanding of the broad range of phenomena investigated by psychologists.
- To become knowledgeable about the different perspectives that psychologists use as frameworks for conducting and interpreting psychological research.
- To understand the research methods used by psychologists to study mental processes and behavior.
- To become knowledgeable of basic psychological concepts and research findings, and to become comfortable with the language used to describe and explain those concepts and results.
- To understand the interactive roles of biology and culture in shaping psychological processes.
- To gain an appreciation for the relevance and applications of psychological research findings in today's society.
- To develop critical thinking skills and to be able to apply those skills to psychology-related information presented by the media.

REQUIRED TEXT: 🛄

Kowalski, R., & Westen, D. (2005). Psychology (4th Edition). New York: John Wiley & Sons, Inc.

# CLASS FORMAT:

Classes will be a mixture of lecture, discussion, and/or group exercises. In order to be fully engaged and to participate in each class session, it is essential that you read and think about the material to be covered in lecture **before** you come to class. This will enhance your learning experience.

The Blackboard website will be used to make announcements, post grades, and take care of other administrative matters. In addition, some assignments and demonstrations will be posted on the website. Log in at <a href="http://blackboard.uoregon.edu">http://blackboard.uoregon.edu</a>.

Please note: Lecture material is selective. We will not cover everything in the text in class, and new material (not in the text) will be introduced in class. So, if you miss a class, it will be very important to get the class notes from another student.

# RESEARCH REQUIREMENT:

Empirical research is an important aspect of the field of psychology, and as part of Psy 202 you have an opportunity to participate in research being conducted in the Department of Psychology. By participating you will get a first-hand view of how research is conducted and contribute to the accumulation of knowledge of psychology, including material presented in courses like this one. You need to complete 4.5 credit-hours of experiments by Wednesday, August 10; if you do not complete your hours you will receive a grade of "incomplete" for the course. You also must turn in two Research Experience Reports (RERs). You will be graded 0-5 on each RER. To participate in experiments you need to register through the electronic Human Subjects Pool management system at http://uopsych.sona-systems.com

Most students find it interesting and enjoyable to take part in the HSP. However, you always have the right to refuse to participate in research. If you elect not to participate you will be required to write a paper as an alternative to research participation. You must notify me no later than Friday, July 22 in order to receive the alternative assignment.

Further information about the human subjects pool can be obtained at: http://darkwing.uoregon.edu/~hscoord/

# GRADING:

The course is divided into four units, each about one week in length. There will be an in-class exam at the end of each unit, for a total of four exams. The exams will be non-cumulative. That is, the material covered on each exam will include only the material contained in a single unit. Each exam will be worth 60 points and will contain 60 multiple choice questions (1 point each). Exam questions will cover material from **both** class lecture-discussions **and** assigned readings.

Each non-exam day, there will be an in-class quiz consisting of 6 to 8 questions. The quiz will cover material either discussed in class or on the reading list for that day. There will be 15 total possible quiz points per week, for four weeks, resulting in a total possible of 60 quiz points.

Your final grade will be calculated using your four highest scores from the four exams and the cumulative total of your quiz grades. Failure to take an exam or quiz will result in a zero grade on that assessment. Because we are dropping either one exam score or your cumulative quiz scores, whichever is lower, there will be no makeup exams or quizzes. In the event of an emergency absence you must contact me within twenty-four hours or as soon as circumstances allow, and you must provide documentation. You are not required to give me the details of your emergency: you can go through Student Affairs, and if they tell me you had a legitimate and documented emergency I will take their word for it. Their phone number is 541-346-1137, or see http://studentaffairs.uoregon.edu. For all excused absences, I will decide on remedial action (e.g., make-up exams, extra assignments, double-weighting another exam) on a case-by-case basis.

There will also be two out-of-class activities worth 10 points each - see "Assignments" page on blackboard site for descriptions. Your four highest scores on the exams and quizzes will be added to your scores on the out-of-class activities to calculate your final grade in this course.

Total number of exam and quiz points possible
Total number of out-of-class activity points possible
Research participation

- = 240 (60 points each exam/cumulative quiz  $\times$  4)
- = 20 (10 points each activity  $\times$  2)
- = 10 (5 points for each RER)

270 total points possible

Your final grade will be based on the following scale:

Percentage	Letter grade	Percentage	Letter grade
98 - 100%	A+	78 - 79	C+
93- 97	Α	73 - 77	С
90 - 92	A-	70 - 72	C-
88 - 89	B+	63 - 67	D
83 - 87	В	60 - 62	D-
80 - 82	B-	Below 60	F

# EXTRA CREDIT:

In collaboration with the Psy 303 Research Methods class, there will be an opportunity for extra credit. On Monday, July 25 students from that class will provide an opportunity to participate in a research study conducted as part of their course requirements. For your participation you will receive 3 points of extra credit. If you do not wish to participate in the study, the instructor of Psy 303 will provide you with an alternative assignment.

### ADDITIONAL NOTES:

Summer Term Statement: If you complete this course, you will earn 4 credits toward your degree. It is important to re-iterate that the requirements for this course are equivalent to those in the same course over 10 weeks during the regular academic year. By continuing in this course, you are accepting that the workload for this class is 2.5 times that of a 4-credit class during the regular academic year. According to University principles governing credit and contact hours, each credit is equivalent to 30 hours of work. Your 4 credits for this course are equivalent to 120 hours of work over 4 weeks, which is 30 hours per week. You will spend 8 hours in class each week and should expect to spend up to 22 hours engaged in reading, studying, writing papers and/or completing homework assignments outside of class each week.

Students with disabilities: If you have a documented disability and will need accommodations in this course, please make arrangements with me at the end of the first class. Please request that the counselor for students with disabilities send me a letter indicating what accommodations you will need. Further information is available online at http://ds.uoregon.edu.

Academic Integrity: It is the philosophy of the University of Oregon that academic dishonesty is unacceptable and will not be tolerated in any form. Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, submission for credit of any work or materials attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts. If you are unsure about what is appropriate or allowed, please ask me. Students guilty of any form of academic dishonesty on any assignment will receive an "F" for the course. Student Judicial Affairs may impose additional sanctions, including expulsion. Further information is available on the Judicial Affairs website: http://studentlife.uoregon.edu/programs/student\_judi\_affairs/index.htm

Changes to this syllabus: I reserve the right to change any part of this syllabus at any time. You should regularly check the Blackboard website for announcements about any changes.

# CLASS SCHEDULE: LECTURE TOPICS AND READING ASSIGNMENTS

(subject to slight changes as course unfolds)

Unit I:	<u>Date</u> Perspectives,	Lecture topic Methods, & Social Behavior	Readings 🛄	
	Mo 7/18	Perspectives & Research Methods	Ch 1 & 2	
	Tu 7/19	Attitudes & social cognition	<i>C</i> h 17	
	We 7/20	continued		
	Th 7/21	Group Processes	Ch 18	
	Fr 7/22	EXAM #1		
Unit II:	Lifespan Deve	Lifespan Development		
	Mo 7/25	Physical & cognitive development	<i>C</i> h 13	
	Tu 7/26	continued		
	We 7/27	Social development	Ch 14	
	Th 7/28	continued  Out-of-class activity #1 due in class		
	Fr 7/29	EXAM #2		
Unit III:	Personality, Emotion, & Stress			
	Mo 8/1	Personality	Ch 12	
	Tu 8/2	continued		
	We 8/3	Emotion, stress, & coping	Ch 11	
	Th 8/4	continued		
	Fr 8/5	EXAM #3		
Unit IV:	Psychological Disorders & Treatments			
	Mo 8/8	Approaches to psychopathology	<i>C</i> h 15	
	Tu 8/9	Childhood/adolescent onset disorders Adult Disorders		
	We 8/10	Out-of-class activity #2 due in class Treatment	<i>C</i> h 16	
	Th 8/11	No Class		
	Fr 8/12	EXAM #4 (8-10 AM)		