## **UO Psychology 607 Graduate Seminar**

## **Spring 2010**

# Trauma of War

Instructors: Holly Arrow, Pamela Birrell, & Jennifer Freyd

CRN: 35869

Grading option: Optional

Credits: 2-4

Time: Tuesdays 1-2:50 PM in 143 Straub Hall

<u>Application Form</u>: Instructors' consent is required. <u>Applications</u> will be considered as long as there is space available.

Course Home Page <a href="http://dynamic.uoregon.edu/~jjf/courses/psy607-spr10/">http://dynamic.uoregon.edu/~jjf/courses/psy607-spr10/</a>

Course Materials for Registered Students Located at http://blackboard.uoregon.edu/

**Clinical Elective:** This seminar can be used as a clinical elective for grad students in UO Clinical Psychology program.

**Overview:** Our understanding of the trauma of war has undergone enormous change over the last century. In this seminar we will read current and historical reports and analyses of war trauma, asking not only how war impacts military personnel, civilians, and society, but also how the societal and historical context molds our approach to the questions and issues. We will consider a variety of perspectives including first hand reports and conceptual and empirical analyses of the impact of war. Topics include evolutionary perspectives on war, psychiatric perspectives, military sexual trauma, children and war, genocide, the current wars, and the Vietnam war.

#### **Required book for the course:**

Kraft, H.S. (2007). Rule Number Two: Lessons I Learned in a Combat Hospital. New York: Little Brown & Co.

### **Additional readings:**

See weekly reading assignments.

**Course Work:** Students will be expected to attend all class meetings, do all assigned readings, and to participate actively in seminar discussion. In addition each participant will lead a class discussion and, in advance of the class meeting, post on Blackboard a set of discussion questions by the Friday at noon before the Wednesday class. Once the questions are posted the student will send an email to the class announcing the availability of the questions. By the Friday at noon

following the class, the student(s) leading discussion will post on Blackboard a document including the discussion questions, any other presentation material, and capturing important discussion points from class.

# **Topics & Readings by Week**

( = readings from required book)

Week 1, March 30: Current War

Film: Hidden Wounds

Discussion Leaders: Holly Arrow, Jennifer Freyd & Pam Birrell

### **Readings:**

• Kraft, H.S. (2007). *Rule Number Two: Lessons I Learned in a Combat Hospital*. New York: Little Brown & Co.

## Week 2, April 6: Historical Perspectives

**Guest Presentation: Debby Phillips of the Eugene VA** 

**Discussion Leader: Robyn Gobin** 

#### **Readings:**

- Pages 135-136 from DePrince, A.P. & Freyd, J.J. (2007). <u>Trauma-induced dissociation</u>.
  In M.J. Friedman, T.M. Keane, & P.A. Resick (Eds.), *Handbook of PTSD: Science & Practice* (pp 135-150). New York: Guilford Press.
- Remarque, E. M. (1929/1996), *All Quiet on the Western Front*. Ch. 9 (pp. 199-229). New York: Fawcett Books.
- Janis, I. (1951). *Air war and emotional stress*. Excerpts from Ch. 6, Fear and emotional adaptation (pp. 98-116) and Ch 8, Adjustment mechanisms (pp. 153-179). New York: McGraw Hill Book Co.
- Hanson, V. D. (2005). A war like no other: How the Athenians and the Spartans fought the Peloponnesian war. Ch. 4, Terror (pp. 89-121). New York: Random House.

# Week 3, April 13: PTSD

Discussion Leaders: Jessica Murakami and Brian Jacoby

### **Readings:**

- Kienzler, H. (2008) Debating war-trauma and post-traumatic stress disorder (PTSD) in an interdisciplinary arena. *Social Science & Medicine* 67, 218–227.
- Terry Keane, T., Caddell, J.M., & Taylor, K.L. (1988). Mississippi Scale for Combat-Related Posttraumatic Stress Disorder: Three studies in reliability and validity. *Journal of Consulting and Clinical Psychology*, 56, 85-90.
- Norris, F.H. & Sloan, L.B. (2007). The epidemiology of trauma and PTSD. In M.J. Friedman, T.M. Keane, & P.A. Resick (Eds.), *Handbook of PTSD: Science & Practice* (pp 79-98). New York: Guilford Press.
- Voigt, D.S., King, D.W. & King, L.A. (2007). Risk pathways for PTSD: Making sense of the literature. In M.J. Friedman, T.M. Keane, & P.A. Resick (Eds.), *Handbook of PTSD: Science & Practice* (pp 99-115). New York: Guilford Press.

# Week 4, April 20: Vietnam War & Betrayal

Guest Presentation: Nguyet Thi Minh Nguyen on war in Viet Nam

**Discussion Leader: Anna Bell** 

## **Readings:**

- Fairbank, John A.; Keane, Terence M.; Malloy, Paul F. (1983). Some preliminary data on the psychological characteristics of Vietnam veterans with posttraumatic stress disorders, *Journal of Consulting and Clinical Psychology*, 51, 912-919.
- Chapter 1 (pages 1-21) and Conclusion (pages 196-209) from Jonathan Shay (1994) *Achilles in Vietnam: Combat Trauma and the Undoing of Character.*
- Pages 188-189 from Freyd, J.J. (1996) Betrayal Trauma: The Logic of Forgetting Childhood Abuse.
- Pages 154-156 from Freyd, J.J. (2001). Memory and Dimensions of Trauma: Terror May be 'All-Too-Well Remembered' and Betrayal Buried. In J.R. Conte (Ed.) Critical Issues in Child Sexual Abuse: Historical, Legal, and Psychological Perspectives (pp. 139-173). Sage Publications: Thousand Oaks, CA.
- Caputo, P. (1977/1996). A Rumor of War. Chs. 10 & 12 (pp. 164-180; 191-208). New York: Henry Holt.

# Week 5, April 27: Military Sexual Trauma

**Discussion Leader: Melissa Platt** 

### **Readings:**

- Kang H, Dalager N, Mahan C, & Ishii E. (2005). The role of sexual assault on the risk of PTSD among Gulf War veterans. *Ann Epidemiol*, 15, 191–195.
- Kimerling, R., Gima, K., Smith, M.W., Street, A., & Frayne, S. (2007). The Veterans Health Administration and Military Sexual Trauma. *American Journal of Public Health*, 97, 2160-2166.

- Bowden, L, & Cain, S. (2008) *Powder: Writing by women in the ranks, from Vietnam to Iraq*. "Controller," by Christy L. Clothier; "Every Night is Footsteps" & "To the Survivors," by Elizabeth Keogh McDonald; "Coming to the End of the VA Road" & "Memorial Day Pow Wow" by Dr. Donna Dean; brief bios of the authors.
- Sadler, A. G., Booth, B. M., & Doebbeling, B. N. (2005). Gang and multiple rapes during military service: Health consequences and health care. Journal of the American Medical Women's Association, 60 (1), 33-41.
- Suris, A., & Lind, L. (2008). Military Sexual Trauma: A Review of Prevalence and Associated Health Consequences in Veterans. *Trauma, Violence, & Abuse,* 9(4), 250-269.

## Week 6, May 4: Rape in War

Film: The greatest silence: rape in the Congo

**Discussion Leader: Annmarie Hulette** 

# **Readings:**

- http://www.cnn.com/2009/WORLD/africa/08/11/congo.rape/index.html
- http://www.nytimes.com/2009/08/05/world/africa/05congo.html
- Barry, S.(2005). A Long Long Way. Ch. 13 (pp. 160-169). New York: Penguin Books.
- Bourke, J. (2007). *Rape: Sex, Violence, History*. Ch. 13, The Military (pp. 357-386). London: Virago Press.

# Week 7, May 11: Genocide

Guest Presentation: Paul Slovic on the topic of genocide and psychic numbing

**Discussion Leader: Laura Kaehler** 

#### **Readings:**

- Hatzfeld, J. (2005). *Machete Season: The Killers in Rwanda Speak*. Pages 28-70. New York: Farrar, Straus and Giroux.
- Ilibagiza, I. (2006). *Left to Tell: Discovering God Amidst the Rwandan Holocaust*. Chs. 16-19 (pp. 129-168). Carlsbad, CA: Hay House.
- Slovic, P. (2010). The more who die, the less we care: Confronting psychic numbing. *Trauma Psychology Newsletter*, *5* (1), 4-8.
- Denham, A.R. (2008). Rethinking historical trauma: Narratives of resilience. *Transcultural Psychiatry*, *45*, 391-415.

# Week 8, May 18: Children and War

Guest Presentation: Ariel Lissman on the Israeli-Palestinian conflict

Film: A Children's Century of War

**Discussion Leader: Christina Martin** 

### **Readings:**

- Gregory, J, and Embrey, D. (2009). Reducing the Effects of Profound Catastrophic Trauma for Former Child Soldiers: Companion Recovery Model. *Traumatology*, Volume 15 Number 1, 52-62.
- Beah, I. (2007). <u>A Long Way Gone</u>, Chs 11-14 (pp. 89-125). London: Fourth Estate.
- Belsky, J. (2008). War, Trauma and Children. *International Journal of Behavioral Development*, 32(4), 260-271.

# Week 9, May 25: Torture and the Role of Psychologists

Discussion Leaders: Andrea Wolfe and Cameo Konfrst

### **Readings:**

- Pope, K.S. & Garcia-Peltoniemi, R.E. (1991). <u>Responding to Victims of Torture: Clinical</u> Issues, Professional Responsibilities, and Useful Resources, 22, 269-276.
- Pope, K.S. (2001). <u>Torture</u> in J. Worell (Ed.) *Encyclopedia of Women and Gender: Sex Similarities and Differences and the Impact of Society on Gender*. Academic Press.
- Pope, K.S. & Gutheil, T.G. (2009). <u>Contrasting ethical policies of physicians and psychologists concerning interrogation of detainees</u>. *BMJ*, 338, b1653.
- Freyd, J.J. (2009) <u>Rules of conscience: Betray ethics, betray trust [Letter]</u>. *BMJ*, 338, b2191.
- Lagouranis, T. (2007). Fear Up Harsh: An Army Interrogator's Dark Journey Through Iraq. Ch. 7 (pp. 59-70). New York: NAL Caliber.

# Week 10, June 1: Healing & Summing Up

Discussion Leaders: Erin Darlington and Aliya Gamez

#### **Readings:**

- Bagilishya, D. (2009) Mourning and Recovery From Trauma: In Rwanda, Tears Flow Within. *Journal of Transcultural Psychiatry*, 37, 337–353.
- Kleinman, A. (2006) Winthrop Cohen. Chapter 2 of What Really Matters: Living a Moral Life Amidst Uncertainty and Danger. Oxford.
- Miller, K., Kulkarni, M., and Kushner, H. (2006) Beyond Trauma-Focused Psychiatric Epidemiology: Bridging Research and Practice With War-Affected Populations.
   American Journal of Orthopsychiatry, Vol. 76, No. 4, 409–422.
- Tick, E. (2005). War and the Soul: Healing Our Nation's Veterans from Post-Traumatic Stress Disorder. Ch 12, Purification and Cleansing (pp. 201-216). Wheaton, IL: Quest Books.