

## Marriage & Family Therapy

**Instructor:** Aliya Gamez

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**Office Hours:** Tuesdays 9 - 10am, Thursdays 9-10am & by appointment

**Lecture:** Mon-Thurs 8 - 8:50am in STB 142

### Course Description

Welcome to Marriage and Family Therapy! This class is designed to introduce you to marriage and family therapy concepts and approaches. We will discuss many topics such as: the history and research of therapy, assessment and evaluation for clinical-counseling approaches, models of marital adjustment and assessment of interpersonal relationships. If you proceed with your psychology career, this class will help you whether you go on to be a therapist or a researcher.

### Course Pre-Requisites

Taking this course requires successful completion of WR 122 as well as PSY 303. We will be reading and discussing the research behind therapy techniques so these pre-requisites will be honored.

### Required Text

Bradbury, T.N. & Karney, B.R. (2010). *Intimate Relationships*. New York: Norton.

### Chapter Readings

#### **Course Components**

It is highly recommended that chapter readings for the week (or lecture) be completed before class. At the end of lectures, subsections for the next chapter will be indicated so you know what sections to pay special attention to and read more carefully. This information will not be included on Blackboard so it is important to attend each class.

### Class Lectures

Lecture outlines for the week will be posted on Blackboard the weekend before. However, in some cases they may not be posted until the night before. It is recommended that the outlines be printed and brought to class. Outlines will consist of terms/relevant points. Definitions and/or examples will be given in class and will be what is included in quizzes and exams.

### Chapter Discussions/Participation Points

Lectures will incorporate class discussions in response to presented questions, which will be based on the readings. Sometimes answers to the questions will be written down and turned in while other times it will just be an open class discussion. Written responses to questions and/or participating in the open discussion will be recorded for participation points to be counted toward final grades.

### Weekly Quizzes

Weekly quizzes will be given every Thursday and will be comprised of 10 questions from readings and lectures from the week. Every Monday, the first 5-10 minutes of class will be spent going over the answers to the quizzes. Statistical reports will be obtained for each question and if a particular question is ambiguous or too difficult, that question *may* get thrown out and won't count against quiz grade. In this case, a right answer would count as extra credit. **These weekly quizzes should be used as study guides for exams.**

The lowest quiz score out of the 6 will not be included in the final grade. This means you may miss 1 quiz throughout the session.

### Exams

Two exams will be given throughout the summer session. Exams will cover material from readings, lectures and/or discussions. **The first exam will be Wednesday, July 14.** This exam will cover material from the first half of the session. **The second exam will be given during finals week on Thursday, August 12 at 10:15 a.m.** This exam will be cover material presented after the first exam. Exams will be worth 67 points each and will be made up of 25 multiple choice questions, 10 short answer questions as well as 2 essay questions.

Exam make-up will be as follows:

<u>answer</u>	20 multiple choice	@ 2 points each	40 points
<u>answer</u>	7 short answer	@ 3 points each	21 points
<u>answer</u>	1 essay question	@ 6 points	<u>6 points</u>
			<b>67 points total</b>

### Grading

Final grades will be comprised of exams, quizzes and participation for a total of 200 points. Point breakdown for final grades is as follows:

Exams (2)	@ 67 points each	134 points
Quizzes (5)	@ 10 points each	50 points
Participation	@ 6 points	<u>6 points</u>
		<b>200 points total</b>

#### Missed Quizzes/Exams

Quizzes *cannot* be made up since missing 1 will not adversely affect your final grade in the class. Make-up exams will only be given in extreme cases and *may* consist entirely of essay questions. Keep me informed if something is going on that may affect your performance and/or attendance in the class.

#### Extra Credit

Participation in research studies may increase your final grade by up to 2%. To participate in research, your same Sona account can be used from previous classes. If you do not already have an account, one can be created at <https://uopsych.sona-systems.com>.

Because this is meant to be an educational experience, you must also write a 2-3 page (APA) paper outlining the following:

- Summary of the study that includes the hypothesis, basic design, variables, implication of the research
- Compare and contrast to other studies you have participated in, using concepts learned in previous or current classes

Simply participating in research study does not guarantee you the extra credit. The paper is what will determine whether or not extra credit will be applied. Additional questions should be directed to the Human Subject Pool Coordinator, Ida Moadab (hscoord@uoregon.edu).

If you do not want to participate in a research project, you may earn the extra credit by reading 2 research articles (1% increase per article). The 2-3 page APA paper would then summarize the article according to the guidelines listed above while also comparing and contrasting the articles using concepts learned in previous or current classes. If you choose this option, the research article(s) used will need to be pre-approved by the instructor and included in your paper.

**Academic Honesty**

Quizzes and exams will be closely monitored and cheating of any kind will not be tolerated. If cheating is suspected, you may not only fail the quiz/exam, but will also be reported to the Office of Student Conduct and Community Standards. If there is any confusion regarding University policies, more information can be found in the Schedule of Classes or the website: <http://studentlife.uoregon.edu/Home/tabid/36/Default.aspx>.

**Student Disabilities**

If you are in need of accommodations due to a non-documented condition that will create difficulties for you, please contact Disability Services. Disability Services is located in 164 Oregon Hall.

<i><b>Tentative Class Schedule</b></i>
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<b>Week</b>	<b>Topic</b>	<b>Chapter(s)</b>	<b>Subsections</b>
1 6/21-6/24	Course Overview/syllabus Intimate relationships - studying & understanding IR	1-3	
2 6/28-7/1	IR across lifespan Elements/Processes of IR	13 & 4	
3 7/5-7/8	Attraction & Mate selection Individuals in Relationships	5 & 6	
4 7/12-7/15	Maintaining IR Managing Differences <b>Wed: Exam I</b>	7 & 8 <b>1-6, 13</b>	
5 7/19-7/22	Managing Differences Continued Beliefs and Values Explanations & Justifications	8,9,10	
6 7/26-7/29	Stress/Social Support Interventions	11 & 12	
7 8/2-8/5	Interventions Continued	12	
8 7/9-7/12	<b><i>FINALS WEEK</i></b> <b><i>Exam #2</i></b> <b><i>Thursday, August 12 @ 10:15 am</i></b>	<b>7-12, 13</b>	

\*\*\*Class schedule is subject to change - regular attendance is highly recommended!\*\*\*