PSYCHOLOGY 202 MIND AND SOCIETY



CRN 24760 Winter 2010 - Columbia Hall 150 - TR-8:00-9:50 am

INSTRUCTOR: Erica E. Claman, Ph.D. EMAIL: eclaman@uoregon.edu

OFFICE: Straub Hall 326 OFFICE Hours: Tuesday and Thursday 10–11

TELEPHONE: 6–4993 (this is a shared number and I may not receive messages.

email is a much preferred mode of communication!)

TEACHING ASSISTANTS:

Rosemary Bernstein: reb@uoregon.edu; Office hours: Tuesday 11:30-1:30

Brian Clark: clark13@uoregon.edu, Office hours: Thursday 2-4

Both Rosemary and Brian hold their office hours in Straub Hall 351 (6-4930)

Course Overview & Objectives

Welcome to Mind and Society! This course is part of a two-term sequence in introductory psychology. It is designed to provide an introduction to psychological research methods, human development, personality, emotions, stress, psychopathology and treatment of mental disorders. It is my hope that through the lectures and assigned readings you will be able to:

obtain a fundamental understanding and appreciation of the history, concepts, methods, and applications of psychological science.

apply psychological concepts to enhance understanding of self and others.

develop critical thinking skills and become better consumers of psychological research and service.

become more aware of and sensitive to individual differences in our diverse society.

Course Materials

The required textbook for this course is Gazzaniga, Heatherton, & Halpern; 3rd Edition (2009). Psychological Science. New York: Norton.

In addition to your text, you are required to purchase individual access to ZAPS Online Laboratories. Registration codes come with the purchase of a new textbook, or can be purchased separately for students who already own the text. The ZAPS website is http://www.wwnorton.com/college/psych/zaps/.

COURSE WEBSITE

This course will be managed on Blackboard. Course access will be available to all students enrolled this course. Because all printed information will be distributed electronically via Blackboard, it is important to have an active account. To ensure that your account is active or

to create a new account go to <http://blackboard.uoregon.edu/ and use your UO user name and password to log in.

STUDENTS WITH SPECIAL NEEDS

If you have a documented disability and will need accommodations in this course, please make arrangements with me during the first week of class. Please request that the Counselor for Students with Disabilities send me a letter indicating what accommodations you will need.

▶ Help me by planning well ahead if you need accommodations, following up on accommodations, and sending me reminders.

If English is not your native language, and you think you may need to use a dictionary for exams, please have your dictionary checked by me or one of the TAs prior to the test. Electronic dictionaries are not permitted.

COURSE REQUIREMENTS

This course involves the following components: lectures, readings, exams, online labs and quizzes, and research experience. The following are descriptions of each requirement:

★ Lectures

- This class meets twice a week. Although daily attendance will not be recorded, it is an expectation that you will attend every lecture to develop a richer understanding of material from the textbook.
- I will use the lectures in several different ways: to explain especially important ideas covered in the readings, to present extensions or applications of ideas, and to cover topics that are not addressed at all in the text.
- Material covered in lecture (but not in your text) may appear on your exams.
- I will post lecture outlines, but not lecture slides, on Blackboard.
- If you miss a lecture for any reason, you are responsible for all material covered, as well as any announcements made in your absence.

₩ Readings

- You are required to read all assigned material from the textbook. My job is not to replace the book, and some material from the book may not be addressed in lecture at all.
- Everybody learns differently. Some people may prefer to read the text before the corresponding lecture (it gives context and background for the lecture). Others may prefer to read the text after the lecture. I respect either style. However, please be cautioned that you are responsible for a good amount of reading throughout the quarter—don't let it pile up. Read a bit every night so you don't have to cram before exams.

₩ Exams

- There are **two midterm exams and one in-class final** for this course. All exams will be multiple-choice. Anything covered in lectures or assigned readings is fair game for exams.
- All exams (midterms and final) will be held in the classroom during the regular class period.
- You must bring a #2 pencil to all exams.
- In the event that a genuine, serious emergency prevents you from taking an exam, it is your responsibility to notify me as soon as you can: before the exam if at all possible; otherwise within 24 hours.

- You must provide written, verifiable documentation of your emergency. To protect your privacy, you are not required to give me the details of your emergency: you may provide documentation to Student Affairs, and if they tell me you had a legitimate and documented emergency I will take their word for it. Their phone number is 541.346.1137, or see http://studentaffairs.uoregon.edu
- In case of an excused absence from an exam, remedial action will be determined at my discretion.
- Exam dates are as follows: 26 January, 16 February and 11 March

★ Laboratories

- You are required to complete 15 online labs and accompanying quizzes throughout the term. Labs and guizzes should take about 30 minutes each (sometimes a bit less).
- These labs are designed to provide an experiential component to this course to enhance your understanding of psychological concepts, phenomena and experimental procedures.
- ZAPS Labs: The majority of our labs will be ZAPS labs, which are online labs developed by Norton, the publisher of your textbook. Once you have registered yourself with Norton you will be able to log onto the ZAPS site to complete the ZAPS labs. The ZAPS site will keep a record of your online activity, enabling us to track if and when you complete each lab.
 - Some of the labs generate anonymous class level data. For those labs you will be prompted to enter a Class ID. Our Class ID is: **MQ3AE8UU**
- Non-ZAPS Labs: A few of the labs will not be ZAPS and will involve watching online videos that explore some concepts from your lectures in a bit more depth.
- Lab Quizzes: Every lab (both ZAPS and non-ZAPS) will have a corresponding multiple choice quiz designed to assess how well you are grasping the core theoretical ideas that underlie each lab experience. All quizzes will be taken online through Blackboard.
- Lab and Quiz Due Dates: You will have plenty of time to complete your labs and quizzes, but you must complete the quizzes within their given window to receive credit. Lab quizzes will be available at 8:00am the day prior to the corresponding lecture and will remain open until 8:00am the day after the corresponding lecture.

★ Research Participation Requirement

- As part of this course you will have an opportunity to gain more in-depth experience with research in psychology.
- Each student is expected to complete 4.5 hours of research participation (If you don't complete this requirement you will get an incomplete in this course).
- There are two options for this requirement. You can do one or the other, or a bit of each, so long as you complete 4.5 hours.

Option 1

- You may participate in the Psychology and Linguistics Departments' Human Subject Pool and obtain experience as a participant in real psychology experiments.
- Researchers in these departments run many experiments on varied topics.
- This option provides a unique opportunity to see how some research is conducted!
- To sign up for experiments go to http://uopsych.sona-systems.com
 - During your first visit to the site you will request a username and password.
 - Once logged in, you will find a list of studies that are available to you as well as the time and location of each study.
 - After participating in a study you will be receive electronic credit for the designated amount of time.

- You will need to complete 4.5 hours of experimental credit by no later than March 11. Remember, 4.5 hours is not necessarily the same thing as 4.5 studies. Please pay attention!
- If you fail to show up for two studies (or show up too late) without a valid reason, you will not be allowed to pursue Option 1 and will have to complete Option 2 to meet your research participation requirement.
- Additional details about how the Human Subject Pool works will be presented in class. Questions can be directed toward Ida Moadab, the human subjects coordinator at hscoord@uoregon.edu>.

Option 2

- Many students find it rewarding and enjoyable to take part in experiments. However, you always have the right to refuse to participate in research.
- You may fulfill the research participation requirement by reading four assigned research articles. You will gain knowledge about research methodology by reading about, rather than experiencing, the methods.
- Each article will take about an hour to read thoroughly.

Research Experience Reports (RERs)

- In order to ensure that you understand the researchers' topics and hypotheses you will need to complete Research Experience Reports (RERs) electronically on Blackboard.
- Option 1 RER requirements: you will need to complete RERs for two of the studies you complete.
 - The first RER must be completed by midnight on February 9.
 - The second RER must be completed by midnight on March 11.
- Option 2 RER requirements: you will need to complete RERs for all four studies you read. The average of the first two, and the average of the second two will comprise your points.
 - The first two RERs must be completed by midnight on February 9.
 - The second two RERs must be completed by midnight on March 11.

GRADING

Points for the course will be distributed as follows:

Exam 1	50 points
Exam 2	55 points
Final exam	60 points
ZAPS/Non-Zaps Labs	30 points
Lab Quizzes	30 points
Research Participation and RERs	25 points

Total 250 points

Week	Day/Date	Lecture Topic	Reading	Lab	
1	Tu 1/5	Introduction	no reading	no lab	
	Th 1/7	History	Ch 1 pp. 3-29	Practice ZAPS: Stroop Test	
2	Tu 1/12	Research Methods	Ch 2 pp. 33-65	Non-ZAPS: Correlation Video	
	Th 1/14	Biology	Ch 3 pp. 98-129	ZAPS: Split Brain	
3	Tu 1/19	Development	Ch 11 pp. 469-495	ZAPS: Conservation	
	Th 1/21	Development	Ch 11 pp. 502-518	ZAPS: Moral Development	
4	Tu 1/26	*** Exam I ***	no reading	no lab	
	Th 1/28	Motivation	Ch 9 pp. 379-404	ZAPS: Emotional Stroop	
5	Tu 2/2	Emotion	Ch 9 pp. 405-423	ZAPS: Recognizing Emotions	
	Th 2/4	Personality	Ch 13 pp. 571-589	ZAPS: Big Five	
6	Tu 2/9*	Social	Ch 12 pp. 523-544	ZAPS: Cognitive Dissonance	
	Th 2/11	Social	Ch 12 pp. 545-567	ZAPS: Prisoner Dilemma	
7	Tu 2/16	*** Exam II ***	no reading	no lab	
	Th 2/18	Health & Well-Being	Ch 10 pp.427-444, 456-465	Non-ZAPS: Stress Video	
8	Tu 2/23	Mental Disorders	Ch 14 pp. 617-635	ZAPS: OCD	
	Th 2/25	Mental Disorders	Ch 14 pp. 636-661	ZAPS: Bipolar	
9	Tu 3/2	Treatment	Ch 15 pp. 665-677	ZAPS: DID	
	Th 3/4	Treatment	Ch 15 pp. 678-698	Non-ZAPS: Therapy Video	
10	Tu 3/9	Review	no reading	no lab	
	Th 3/11*	*** Final Exam ***	no reading	no lab	

^{* 2/9} is the deadline for the first RER(s)
* 3/11 is the deadline for the second RER(s)

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SOME ADDITIONAL THOUGHTS

Here are some expectations I have about behaviors in the classroom:

- This is a large class! Please don't talk while I'm lecturing. The din created by only 5% of the class (25 people) just whispering is enough to be distracting to your peers and me.
- Please turn your mobile phone to silent and put it away before coming to class. This means no talking on the phone, checking voicemail, or texting. You have 22 other hours in the day to do those things.
- Please try to be on time and stay for the whole class. If you cannot avoid being late (or know that you have to leave class early), please sit in the back to avoid disturbing the rest of the class during lecture.
- Cheating in any form will absolutely not be tolerated in this class. If you are caught cheating in any way you will receive a 0 for the assignment and further disciplinary action may be taken. If you are ever unsure about whether a behavior constitutes cheating, please see me or one of your teaching assistants. It may also be wise to read more about the university's academic dishonesty policy at http://conduct.uoregon.edu.

Here are some suggestions for getting the most out of this class:

- I know the size of this class can be intimidating, but I highly encourage your participation! You are welcome to ask questions during class for clarification of any material presented in the lecture, to answer any questions, and to contribute any ideas or share perspectives in class discussion. Participation also includes visits to office hours and email communication.
- You are encouraged and challenged to reflect upon your own experiences and make connections with the material presented in the text and lecture. Not only will this make the class more interesting to you, it will also facilitate your understanding and memory of the concepts.
- If you are having difficulty with any aspects of the course, see me or one of your TAs as soon as possible! Don't wait to see if the problem gets better on its own. You can come to office hours, set up an appointment, email, or call me. Don't be afraid to ask for help!
- You may encounter several questions throughout the term. Please consider who to direct your questions to:
 - For technical questions about Blackboard (e.g. can't log in, class doesn't appear, etc.) contact the Help Desk at 346.4412 or visit the Blackboard website.
 - ► For technical questions about ZAPS labs contact the Norton Help Desk at http://books.wwnorton.com/books/techsupport.aspx?mid=106&tid=4012>
 - ▶ For questions about the Human Subject Pool contact Ida at < hscoord@uoregon.edu>
 - For questions about the <u>content</u> of the course (material covered in lectures or text), quizzes, exams, grades, or other appropriate concerns, contact myself or your TAs.

I am always interested in hearing feedback from students! I like to hear what's working well, and respectful suggestions for improvement. Feel free to email me with comments or write me notes. I cannot promise that I will implement all the changes you request, but I will listen.

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