

ADULT PSYCHOPATHOLOGY

Psychology 469 – CRN 42515

Summer 2011, Gerlinger 301, M-R 10:00-11:50 am

First two weeks: Amber Gayle Thalmayer	Second two weeks: Erica D. Musser
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Office Hours: After class or by appointment	Office Hours: Wednesdays 9-10 a.m., by appt.

Course Description: In this class, we will attempt to answer some of the fundamental questions of clinical psychology, namely:

What is normal? What is abnormal? Who decides?

What does it mean to be “mentally ill”?

How do we diagnose mental “disorders”? When is it useful? When is it harmful?

What do we know about these different disorders? What do we not know?

To understand the current predominant perspective, we will survey the major psychological disorders as defined in the Diagnostic and Statistical Manual, 4th edition (DSM-IV). You will become familiar with use of the DSM-IV for making diagnoses, and learn about the main categories of mental disorders. For each disorder, we will examine assessment, diagnostic criteria, basic etiology, common comorbid disorders, common demographic correlates, current research, and treatment.

We hope that you will begin to question some of the underlying assumptions of clinical psychology and psychiatry, and to see the complexity that surrounds the diagnosis and treatment of psychological disorders. We will supplement the text by examining popular culture accounts and videos from individuals with different forms of psychopathology, in order to discuss their integrity and develop a real-world understanding disorders.

Class Attendance: Attendance is mandatory. This is not a course to take if you think you will miss more than one class. Class discussion, exams, and exercises are crucial to success in the course.

Required Readings: Readings are to be completed BEFORE the class meeting for which they are assigned. **This is a summer course and material will be covered at a fast pace and the workload will be intense!** It is important to keep up with assignments and complete the readings each day.

Required Textbook: Barlow, D.H. & Durand, V.M. (2009). *Abnormal Psychology* (5th Ed.). Belmont, CA: Wadsworth.

Additional required readings posted to Blackboard. You will also be required to choose a work of nonfiction for your final paper. These books are available at bookstores and the library.

Blackboard: Course material and grades will be posted. Be sure you can access it!

Special Needs: If you have a documented disability and needing accommodation in this course, please meet with one of us and request that the Counselor for Students with Disabilities send a letter verifying your disability. [Hillary Gerdes, 346-3211, TTY 346-1083, hgerdes@uoregon.edu]

Academic Dishonesty: Cheating will not be tolerated. If you are caught cheating, you will receive no less than a failing grade on the assignment or exam; you may be given a failing grade for the course. If you are ever unsure about whether a behavior constitutes cheating, please ask us. You can read the university's policy on academic dishonesty at <http://www.uoregon.edu/~conduct/sai.htm>.

Changes to this syllabus: We reserve the right to change any part of this syllabus at any time. You should regularly check the Blackboard website for announcements about any changes.

GRADING

Exams and Quiz (25 x 4 = 100 points): An exam *every Thursday* will cover textbook and Bb readings, and lectures. Each exam will consist of 15 multiple choice questions worth 1 points each + 10 points of fill-in the blank and short answer questions. Material assigned and presented on the day of the exam will be included in the following week's exam. No make-up exams.

Participation & Attendance (30 points):

2 points are available for each day of class. Participation points are especially focused on class discussions regarding assigned articles and small-group discussions. Your opinions should be informed by the readings, text, and lecture, and not simply your colloquial knowledge. If you miss class, you cannot make-up participation points.

Although we hope everyone will feel comfortable speaking in class, participation may also include active listening, attending office hours, or emailing us ideas generated by lecture or readings. If you are consistently late or leave class early, you will lose points.

It is expected that your participation will be respectful of classmates (and of us!). It is especially important to be respectful of the guest speakers who have graciously volunteered their time. We will not tolerate disrespectful comments about anyone who meets criteria for a mental disorder (e.g. calling people "crazy"). Mental illness and mental suffering are often synonymous. This course deals with the importance of alleviating the stigma associated with mental suffering.

Final Paper (70): Select a nonfiction account of psychopathology from the list provided. Use the text, lectures, and at least two empirical articles to analyze and critique the account. How does it fit with the DSM-IV criteria? How does it stray? What appears to be idiosyncratic to this case? What appears to be representative of the disorder? Paper should be 5-6 pages, double-spaced, size 12 Times New Roman font, 1-inch margins. Cite the DSM-IV plus two empirical articles that explore this disorder

<u>Item</u>	<u>Points</u>	<u>Approximate Grade</u>
Exams (4)	100	90-100% A
Final Paper	70	80-89% B
Attendance/Participation	30	70-79% C
Total =	200	60-69% D
		Below 60% F

GRADING RUBRIC FOR FINAL PAPER:

- Plan -- DUE TUESDAY 7/5 -- (10 points)
 - Name of book
 - Title + abstract of the 2 empirical articles you'll use (best to include 3!)

Final paper DUE on last day of class, 7/14 10 am (10% of grade lost for each day late)

- Brief synopsis of character (~1 page; 10 points)
- Thoughts and feelings/gut reactions. Did you feel empathy for character? Disgust? Uncomfortable? Why? Do you have previous experience with individuals with this disorder? Did this character match that experience? (~1 page; 10 points)

- Goodness-of-Fit of diagnosis to this individual (30 points)
 - Cite and discuss case in terms of DSM-IV diagnostic criteria, etiology, demographics and treatment (not simply restating them)
 - Cite text (and/or lecture) to evaluate goodness-of-fit
 - Cite at least 2 empirical works from peer-review journals to determine goodness-of-fit or discuss issues relevant to treatment, prognosis, etc. for this individual.
- APA Format, Grammar, & Spelling (10 points)
- PRESENT for 5 minutes in class about your paper! Up to 10 points extra credit!

POSSIBLE FIRST PERSON ACCOUNTS FOR FINAL PAPER (others with approval of instructor):

Adjustment Disorder

Ung, L. (2005). *Lucky child: A daughter of Cambodia reunites with the sister she left behind*. HarperCollins.

Autism

Collins, P. (2004). *Not even wrong: A father's journey into the long history of autism*. NY: Bloomsbury.

Grandin, T. (1995). *Thinking in pictures*. New York: Doubleday.

Nazeer, K. (2006). *Send in the idiots: Stories from the other side of autism*. New York: Bloomsbury.

Williams, D. (1994). *Nobody nowhere: The extraordinary autobiography of an autistic*. New York: Harper.

Bi-Polar Disorder

Hinshaw, S. (2002). *The years of silence are past*. New York: Cambridge University Press.

Jamison, K. R. (1997). *An unquiet mind: A memoir of moods and madness*. New York: Vintage.

Millett, K. (1990) *The Loony-Bin Trip*. New York: Simon and Schuster

Borderline Personality Disorder

Susanna Kaysen (2000). *Girl, interrupted*. London: Virago.

Depression

Norris, K. (2008). *Acedia & Me: A Marriage, Monks, and a Writer's Life*. Riverhead.

Styron, W. (1990). *Darkness visible: A memoir of madness*. New York: Vintage.

Wurtzel, E. (1994). *Prozac nation: Young and depressed in America*. New York: Houghton Mifflin.

Dissociative Identity Disorder

Casey, J. F. & Wilson, L. I. (1991). *The Flock*. New York : A.A. Knopf

Schreiber, F. R. (1973). *Sybil*. New York: Warner.

Eating Disorders

Gottlieb, L. (2008) *Stick Figure A Diary of My Former Self*. Paw Prints

Knapp, C. (2003). *Appetites: Why women want*. New York: Counterpoint.

Gender Identity Disorder

Boylan, J. F. (2003). *She's not there: A life in two genders*. New York, NY: Broadway Books.

Oppositional Defiant Disorder:

Levine, N. (2003). *Dharma punx: A memoir*. New York: HarperCollins.

Schizophrenia:

Alda, A. (2005). *Never have your dog stuffed: And other things I've learned*. New York, NY: Random House.

Bartok, M. & Herr, N. K. (2011). *The memory palace*. New York : Free Press,

Love, L. (2004). *You ain't got no Easter clothes: A memoir*. New York: Hyperion.

Saks, E.(2007). *The center will not hold: My journey through madness* New York: Hyperion Books.

Steele, K., & Berman, C. (2001). *The day the voices stopped: A memoir of madness and hope*. Basic.

Substance abuse/dependence:

Burroughs, A. (2003). *Dry*. New York: St. Martin's Press.
 O'Brien, J. (1990). *Leaving Las Vegas*. Watermark Press.
 Stahl, J. (1995). *Permanent Midnight*. New York, NY: Warner Books.
 Walls, J. (2005). *The glass castle: A memoir*. New York: Scribner.

COURSE SCHEDULE

Date	Topic	Reading
WEEKS 1& 2 w/ AMBER THALMAYER		
June 20 M	Introduction & History of Psychopathology	Ch. 1 & 2 (can skim pp. 40-50)
June 21 T	Clinical Assessment & Diagnosis	Ch. 3 & Bb -- "Head Case"
June 22 W	Research Methods & Anxiety Disorders	Ch. 4 & 5
June 23 R	EXAM 1 Anxiety Disorders (+ discuss final paper assignment)	Bb-Understand. The Anxious Mind
June 27 M	Mood Disorders & Suicide	Ch. 7 (pp.) Bb-Depressions Evolutionary Roots
June 28 T	Mood Disorders & Suicide	Ch. 7 (pp.) Bb-Depression's Upside Bb-Minds over Meds.
June 29 W	Eating Disorders	Ch. 8
June 30 R	EXAM 2 Substance-Related and Impulse-Control Disorders	Ch. 11
WEEKS 3 & 4 w/ ERICA MUSSER		
July 5 T	PAPER PLAN DUE AT START OF CLASS Attention Deficit and Hyperactivity Disorder & Learning Disorders	Ch.14, pg. 502-511, Bb-Running from Ritalin
July 6 W	Personality Disorders (ASPD, Conduct)	Ch. 12, pp. Bb-The Science of Success
July 7 R	Dissociative Disorders and Somatoform Disorders; EXAM #3	Ch. 6
July 11 M	Schizophrenia and Other Psychotic Disorders	Ch. 13 Bb-Head Case
July 12 T	Personality Disorders (cont.)/catch up	Ch. 12 Bb-The Am. Of Mental Illness
July 13 W	Pervasive Developmental Disorders (Autism)	Remainder of Ch. 14
July 14 R	PAPER PRESENTATIONS + EXAM #4	