

UO Psychology 607 Graduate Seminar

Winter 2012

Trauma and Attachment

Instructors: Jennifer Freyd and Pamela Birrell

Preliminary Syllabus

CRN: 26955

Grading option: Optional

Credits: 2-4

Wednesdays 12:00 - 1:50 PM

139 Straub

If you would like to register but cannot, please email Jennifer Freyd and Pamela Birrell for permission.

Course Home Page <http://dynamic.uoregon.edu/~jjf/courses/psy607-win12/>

Course Materials for Registered Students Located at <http://blackboard.uoregon.edu/>

Clinical Elective: We will request this status if anyone in class needs it.

Overview: We will explore the impact of trauma and betrayal on attachment bonds, from neuropsychology to therapy.

Required books for the course:

- Freyd, J.J. & Birrell, P.J. (under review) *Betrayal*.
- Solomon, M. F. & Siegel, D.J. (Eds.). (2003) *Healing Trauma: Attachment, Mind, Body, and*

Brain. New York: Norton.*

**Solomon & Siegel (2003) should be available for purchase in the text book section of the UO campus book store.*

Additional readings: See weekly reading assignments for additional articles. Some will be selected from:

- *Trauma, Attachment, and Intimate Relationships*, a Special Issue of the *Journal of Trauma & Dissociation*. Guest editors: Eileen Zurbriggen, Robin Gobin, and Laura Kaehler. In Press. Will be published as Volume 13, Issue 2, 2012. (Designated ZGK below)

Course Work: Students will be expected to attend all class meetings, do all assigned readings, and to participate actively in seminar discussion. In addition each participant will lead a class discussion and, in advance of the class meeting, post on Blackboard a set of discussion questions by the Friday at noon before the Wednesday class. Once the questions are posted the student will send an email to the class announcing the availability of the questions. By the Friday at noon following the class, the student(s) leading discussion will post on Blackboard a document including the discussion questions, any other presentation material, and capturing important discussion points from class.

Weekly Reading Assignments

Week 1, January 11

Discussion Leaders: Jennifer Freyd and Pamela Birrell

Readings:

- No readings unless you are not already familiar with betrayal trauma theory. If that is the case read [this](#) and [this too](#).

Week 2, January 18

Discussion Leader: Melissa Platt

Readings:

- Preface and Chapters 1-5 of Freyd & Birrell book

Week 3, January 25

Discussion Leader: Carly Smith

Readings:

- Chapters 6-10 of Freyd & Birrell book

Week 4, February 1

Discussion Leader:

Readings:

- Introduction and Chapter 1 of Solomon & Siegel book
- Zurbriggen, Gobin, & Kaehler. "Trauma, Attachment, and Intimate Relationships: Introduction to the Special Issue" in ZGK.

Week 5, February 8

Discussion Leader:

Readings:

- Chapters 2 & 3 of Solomon & Siegel book

Week 6, February 15

Discussion Leader:

Readings:

- Chapter 4 of Solomon & Siegel book
- Brown, L.S. & Freyd, J.J. (2008). PTSD criterion A and betrayal trauma: A modest proposal for a new look at what constitutes danger to self. *Trauma Psychology, Division 56, American Psychological Association, Newsletter.* 3(1), 11-15.
- Anders, S.L., Shallcross, S.L., Frazier, P.A. "Beyond Criterion A1: The Effects of Relational and Non-Relational Traumatic Events" in ZGK

Week 7, February 22

Discussion Leaders:

Readings:

- Chapter 5 of Solomon & Siegel book
- Birrell, P.J. & Freyd, J.J. (2006). Betrayal trauma: Relational models of harm and healing. *Journal of Trauma Practice*, 5(1), 49-63.
- Kahn, L. (2006) The Understanding and Treatment of Betrayal Trauma as a Traumatic Experience of Love. *Journal of Trauma Practice*, 5(3), 57-72

Week 8, February 29

Discussion Leader:

Readings:

- Chapter 6 of Solomon & Siegel book
- Green et al. "Attachment and Health Care Relationships in Low-income Women with Trauma Histories: A Qualitative Study" in ZGK.
- Arikan, G., & Karanci, N. "Attachment and Coping as Facilitators of Posttraumatic Growth in Turkish University Students Experiencing Traumatic Events" in ZGK.

Week 9, March 7

Discussion Leader:

Readings:

- Chapter 7 of Solomon & Siegel book
- Belford, B., Kaehler, L. & Birrell, P. "Relational Health as a Mediator between Betrayal Trauma and Borderline Personality Disorder" in ZGK.
- Ahrens, C.E., & Aldana, E. "The Ties That Bind: Understanding the Impact of Sexual Assault Disclosure on Survivors' Relationships with Friends, Family, and Partners" in ZGK.

Week 10, March 14

Discussion Leaders:

Readings:

- Chapter 8 of Solomon & Siegel book
- Gobin, R. "Partner Preferences among Survivors of Betrayal Trauma" in ZGK.
- Owen, J., Quirk, K., & Manthos, M. "I Get No Respect: The Relationship between Betrayal Trauma and Romantic Relationship Functioning" in ZGK.

About your Instructors

- Pamela Birrell
- Jennifer Freyd



Jennifer Freyd <jjf@dynamic.uoregon.edu>
25-Dec-2011