

Psychopathology 469
CRN 15391
Monday & Wednesday 8:30am-9:50am
Jaqua 101

Instructor: Maureen Zalewski, Ph.D. | **Email:** Zalewski@uoregon.edu
Office: 223 Franklin | **Office Hours:** Thursday 8:30-9:30; Friday 9-10; by appt

TA: Grace Binion | **Email:** ghicks7@uoregon.edu
Office: 222 Franklin | **Office Hours:** M 10-11; by appt

I. Course Overview

A. Course Objectives: This course is designed to teach students about theories, symptom presentations, and treatment approaches of various mental disorders. Students will learn about the benefits and limitations associated with the predominant model by which the field currently conceptualizes and classifies mental health disorders. Students will also practice reading original research, designed to facilitate critical thinking about 'what we know', and 'what we don't know' about the etiology and treatment of mental health disorders.

B. Learning Outcomes and Methods of Assessment:

- Understand various models of psychopathology and treatment
- Critically analyze models of psychopathology
- Practice reading and critiquing original research articles
- Articulate a position/model of psychopathology and formulate a case conceptualization using supporting empirical evidence

C. Course Text and Readings:

1) Nolen-Hoeksema, S. (2013). *Abnormal Psychology* (6th edition.). New York, NY: McGraw-Hill Humanities. *Can be purchased at the Duckstore; one copy is on reserve at the library.

2) Other articles will be posted on blackboard. They will be listed in the same fashion as they are on the syllabus (i.e. Article #1, Article #2).

II. Classroom policies

A. Attending lectures - I do not take attendance, which means that your choosing to come to class is up to you. I can guarantee you will get more out of this course if you attend all lectures. I will post the lectures after class. However, you should not rely on the posted lectures as a substitute for attending class, because I will often elaborate on bullet points within the slides.

B. Classroom etiquette - Please turn off your cell phones before class. If you use a laptop to take notes, please do not browse the web as it's distracting to those around you.

C. Academic misconduct - Please familiarize yourself with the University of Oregon's classroom misconduct code, found at <http://conduct.uoregon.edu>. I will follow all procedures to handle misconduct as outlined by the University. This means that instances of suspected cheating or plagiarizing will be reported to the University. In addition, you will receive a zero on any quiz, essay, or cumulative exam in which you cheat or plagiarize and may fail the course. All graded work in this course is to be completed independently.

D. Students with special needs - If you have a documented disability and anticipate needing accommodations in this course, please make arrangements to meet with me soon. Please request that the Counselor for Students with Disabilities send me a letter verifying your disability.

III. Grading. Your grade will be derived from quizzes, essays, and a cumulative exam. The total class points are out of 100. Therefore, class points and percentages are the same in this course.

A. Quizzes are 45% of your total grade. Quizzes are designed to assess your understanding of models of psychopathology and treatment. Each quiz is worth 15 points. Your lowest quiz grade will be dropped. *There are no make-up quizzes in this course.* If you miss a quiz, you will get a zero and presumably, this will become your lowest grade that is then dropped.

1. There will be 15 questions on each quiz. Questions will be multiple choice. I will promptly collect quizzes at 9:10am, which gives you 40 minutes to complete the quiz, provided you arrive to class on time. New material is presented after class so stick around!
2. You will receive a study guide during the previous class session.
3. You are responsible for all the readings assigned in this course (text and articles) and all lecture material. There will be material on the quiz NOT covered in class. Sometimes I will lecture on material NOT covered in the articles or text.

B. Essays are 30% of your total grade. Essays are designed to assess a) your critical thinking about course material and b) your developing ability to incorporate empirical evidence into your writing. Each essay is worth 10 points. Essays must be uploaded to Blackboard by 11:59pm before the class they are due. Blackboard will not accept late essays. Please save your essay with your last name and assignment #. Example: Zalewski_essay1.doc.

1. Prompts for essays will be given at least 5 days in advance. Essays should not exceed 500 words total. This typically results in 2 pages, double-spaced. Grading will be based on content and writing style.

C. The final exam is worth 25% of your total grade. It is cumulative. The format for the final exam is multiple-choice. There will be 50 questions on the cumulative exam. There is no make-up final exam.

	Inferior			Satisfactory			Good			Excellent		
F	D-	D	D+	C-	C	C+	B-	B	B+	A-	A	A+
<59.5	59.5-	62.5-	66.5-	69.5-	72.5-	76.5-	79.5-	82.5-	86.5-	89.5-	92.5-	95+

Date	Topic/Reading	Quizzes, Essays, and Final Exam
1. M, Sept 29	What is psychopathology?	
2. W, Oct 1	What is psychopathology? Chapter 1; Article 1	
3. M, Oct 6	Theories of psychopathology Chapter 2	Receive quiz study guide
4. W, Oct 8	Assessment Chapter 3	Quiz 1 (40 minutes) Receive essay 1 prompt
5. M, Oct 13	Research Chapter 4	
6. W, Oct 15	Trauma, anxiety, obsessive compulsive, and related disorders Chapter 5; Article 2	Essay 1 due T, Oct 14 @ 11:59pm
7. M, Oct 20	Trauma, anxiety, obsessive compulsive, and related disorders	Receive quiz study guide
8. W, Oct 22	Mood Disorders and Suicide Chapter 7; Article 3	Quiz 2
9. M, Oct 27	Mood Disorders and Suicide	
10. W, Oct 29	Schizophrenia Chapter 8	
11. M, Nov 3	Schizophrenia Clinical and Research opportunities	Receive quiz study guide
12. W, Nov 5	Personality Disorders Chapter 9; Article 4	Quiz 3 Receive essay prompt 2
13. M, Nov 10	Personality Disorders	
14. W, Nov 12	Impulse control and conduct disorders Chapter 11	Essay 2 due T, Nov 11 @ 11:59pm
15. M, Nov 17	No readings!	Receive quiz study guide
16. W, Nov 19	Eating Disorders Chapter 12; Article 5	Quiz 4 Receive essay prompt 3
17. M, Nov 24	Eating Disorders	
18. W, Nov 26	Substance Use Chapter 14	
19. M, Dec 1	Other models of psychopathology Articles 6, 7, 8	Essay 3 due, S Nov 30 @ 11:59pm
20. W, Dec 3	Other models of psychopathology	
M, Dec 8, 10:15	Class Final	
Finals Week	Check your final grade with me	