

ADULT PSYCHOPATHOLOGY – PSY 469
WINTER 2014, MW 8:30 – 9:50 a.m., CHI 128

Instructor: Jocelyn Barton, M.S. **Office Hours:** 221 Franklin, by appt. **e-mail:** jbarton@uoregon.edu

Course Objectives

- to provide students with an integrative overview of the field of abnormal psychology and major psychological problems and disorders;
- to familiarize students with the multiple causes of psychopathology as viewed from a number of different theoretical perspectives;
- to illustrate an integrative view of research in the area of abnormal behavior;
- to discuss intervention and prevention strategies for psychological disorders;
- to promote critical thinking skills in the area of abnormal psychology.

This course should be considered an advanced introductory course, in that we will not have time to study every clinical problem in depth. Instead, we will concentrate on obtaining and applying knowledge to clinical problems and exploring a range of clinical skills, including case conceptualization.

Course Expectations and Classroom Behavior

The course includes traditional lectures, video materials, discussion, and assigned readings. Although lectures will overlap to some degree with the reading material, there will be lecture material that is not covered in the reading and reading material that is not covered in the lectures. Exams and quizzes will assess mastery of the content from all sources of material (lectures, videos, readings).

Students are expected to attend and participate in class, complete and critically evaluate the assigned reading, and study in preparation for exams. On-time completion of all assignments is expected.

This class is based on the philosophy that learning is an **active** process. This emphasizes the importance of understanding and experiencing ideas as they relate to our own lives, rather than just remembering a list of facts. Your input is welcome and encouraged, as is active listening. We must be mindful of discussing and listening to ideas in a respectful, thoughtful, and reasoned manner. You are encouraged to go beyond personal opinion and experience, and take available evidence into account. **Thus you are encouraged to carefully consider the information that comes from lectures, films, and class discussions in constructing more informed opinions of the topics we cover.**

Class Attendance

Please note: This is not a course to take if you think you will miss more than one class meeting, as class discussion and exercises are crucial to your success in the course. Your participation is part of the course requirements. Quizzes will be over the reading material, lectures, and videos. You will be responsible for **all** material covered in lecture.

Required Readings

Readings are to be completed BEFORE the class meeting for which they are assigned. The required text book, is available at the bookstore, and online readings are available on the Blackboard website. This course has a significant amount of reading. You will not do well on your assignments if you do not do the reading.

Required Text

Whitbourne, S. K. & Halgin, R. (2013). *Abnormal Psychology: Clinical Perspectives on Psychological Disorders* (7th edition, Custom.). McGraw-Hill Higher Education Learning. ISBN: 9781308039879.

Grading

Your grade will be computed by combining your scores in the following overall categories:

Points	Course Work
70	7 Quizzes, 10 points each
30	Attendance & Participation
50	Study Guides
100	Homework Assignments
200	Exams (2)
150	Final Exam
600	Total

Quizzes: 70 points (10 points each)

Approximately 10 daily quizzes will be given, each worth 10 points. Your highest 7 quiz scores will be used for your final quiz score grade. Because of this, you cannot make up the quizzes **FOR ANY REASON**. The quizzes will be structured to assess your knowledge of the readings, in-class films and lectures, and class discussions. These may be multiple choice, matching, fill-in-the-blank and/or short answer questions that will usually pertain to the material covered in the previous class meeting. Class attendance *and* participation, and completion of the readings will prepare you well for the quizzes.

Participation: 30 points

Participation includes attendance, preparing for class, and contributing to large and small group discussions. In-class participation will largely be in the form of small groups. If you miss class *for any reason*, you can NOT make up those points.

Study Guide: 50 points

I neither endorse nor provide instructor-written study guides. The best way to prepare for the exams is to create your own working study guide. This guide should contain notes to yourself about the topics covered during the previous week in class, text, discussion and readings. You may want to include topics from the daily quizzes, issues that we spent the most time on in class, constructs that you found the most challenging to understand, etc. Your study guide should be different from everyone else's – its purpose is to individualize the ongoing learning experience in preparation for exams. It must be TYPED, minimum of 1 double-spaced page per week. It can be in the format most useful to you (e.g., bullet points). It must contain original content (i.e., you will not receive points if you just copy and paste information from lecture slides). Points are awarded Pass/No Pass, 5 points per week (9 weeks), 5 bonus points if you turn in all 9 study guides (even if you do not receive points because of content problems).

Homework: 100 points

During the term you will have several opportunities to complete homework assignments. All assignments will total 100 points, but may not be of equal point value. Some will require more work than others. These assignments are designed to accomplish one or more of the following goals: prepare you for the next class meeting; practice thinking critically about a class topic; apply research to a clinical problem; integrate knowledge across topics. Homework will be assigned at the end of our class meetings, and usually will be due at the beginning of the next class. **Late work is not accepted.**

Exams: 200 points (100 points each)

There will be two exams during the course of the term covering material as noted in the list of readings (i.e., not comprehensive). I neither endorse nor provide study guides. You are responsible for all material covered in the course. These exams are likely to contain matching, short answer, and multiple choice questions.

Final Exam: 150 points

The Final Exam will assess your mastery of material presented in the last third of the term (100 points) in the same format as the first two exams. You also will demonstrate your ability to integrate material presented during the entire term (i.e., cumulative assessment) by responding to 1 – 2 essay questions (50 points).

Course Grade

Final grades will be based on percentage of total possible points earned, and distributed as follows:

A+	<i>Reserved for exceptional performance, usually above 98%, maximum of 3 A+ grades</i>		
A	93-100 Far exceeds expectations	D+	67-69.9
A-	90-92.9	D	63-66.9
B+	87-89.9	D-	60-62.9
B	83-86.9 Exceeds expectations; above average		
B-	80-82.9	N*	less than 70
C+	77-79.9	P*	70 or higher
C	73-76.9 Meets minimum expectations; average		<i>*If taking Pass/Fail</i>
C-	70-72.9		

Policy on Late Work / Missing Quizzes / Missing Exams

No late work will be accepted FOR ANY REASON. Unless otherwise noted, all work must be printed single-sided, double-spaced, using Times New Roman 12-point font (according to APA style) and 1" margins. All papers should be turned in during the first five minutes of class. Do NOT e-mail me your papers. If you do not bring your paper to class, it is considered missing. You also cannot make up quizzes or exams FOR ANY REASON.

Additional Notes

Using Blackboard

The web site for this course was constructed using Blackboard software. This allows the web site to be extensive and interactive. On the web site, you will find general announcements for the class, all documents for the course (including this syllabus), lecture notes, on-line discussions, links to relevant web sites, and more. You can get to the course web site by going to <http://blackboard.uoregon.edu>. If you need help logging in or using Blackboard, see <http://blackboard.uoregon.edu/local/usingbb/>.

Academic Misconduct and Plagiarism: Don't cheat. Don't copy or paraphrase information or ideas from any source, print or electronic, without citation; it is plagiarism. I take academic misconduct very seriously; it merits a zero on the particular assignment or exam, and usually results in a grade penalty for the course. You can find clear guidelines for using several different citation formats properly, as well as very clear explanations of how to paraphrase correctly and avoid plagiarism here: <http://www.uwosh.edu/departments/llr/citing.html>. Academic Misconduct will be reported to the Office of Student Conduct. For more information, see:

<http://uodos.uoregon.edu/StudentConductandCommunityStandards/AcademicMisconduct/tabid/248/Default.aspx>

Students who Require Accommodations

If you may need accommodations, please contact me in the first week of class, even if you are not sure that you will require accommodation this term (for example, if you have a physical disability that may require emergency attention, but you cannot predict when this might happen). Please request that the Counselor for Students with Disabilities send a letter verifying your disability. Contact the Accessible Education Center for more information (164 Oregon Hall; 346-1155; aec.uoregon.edu). Without documentation, accommodations are not guaranteed and will be made at my discretion.

Diversity and Respect for Others

It is the policy of the University to support and value diversity. To do so requires that we respect the dignity and essential worth of all individuals and promote a culture of respect throughout the University community. Course content, including class discussions, projects and activities, and assignments, rests on the assumption that human diversity is normative and is an appropriate focus of attention. The course requires and expects critical thinking about, and sensitivity to, the impact of diversity (culture, religion/faith, gender, ethnicity, race, socioeconomics, physical and cognitive ability, sexual orientation, and other considerations) both in relation to gender in society, and in the classroom. Students are encouraged to develop and expand their respect for and understanding of diverse identities and experiences. If you believe you have been the target of or a witness to harassment, bias, or a hate crime, you may report this (anonymously, if desired) to the **Bias Response Team** at 346-2037 or <http://bias.uoregon.edu>.

Weekly Schedule: Topics, Readings, Assignments, Deadlines

NOTE: Study Guides are due each Monday, Weeks 2 – 10, except for Week 3 (MLK day) study guide, which is due on Wed.

Day	Reading
<i>Part One: Introduction</i>	
01/08	Ch. 1: Overview to Understanding Abnormal Behavior Schulze, B. (2007). Stigma and mental health professionals: A review of the evidence on an intricate relationship. <i>Intl Review of Psychiatry</i> , 19, 137-155.
01/13 Quiz #1	Ch. 4: Theoretical Perspectives Tarrier, N., & Calam, R. (2002). New developments in cognitive-behavioral case formulation ... <i>Beh & Cog Psychotherapy</i> , 30, 311-328.
01/15 HW #1	Ch. 2: Diagnosis and Treatment Van Os, J. (2013). The Dynamics of Subthreshold Psychopathology ... <i>Am J of Psychiatry</i> , 170, 695-698.
01/20	NO CLASS in honor of Martin Luther King, Jr. See http://mlkday.gov/about/serveonkingday.php
01/22 Quiz #2	Ch. 3: Assessment Hyman, S. E. (2007). Can neuroscience be integrated into the DSM-V? <i>Nature Reviews</i> , 8, 725-732.
01/27 HW #2	Ch. 15: Ethical and Legal Issues Magnavita, J., et al. (2010). Ethical Considerations in Treatment of Personality Dysfunction ... <i>Prof Psych: Res & Prac</i> , 41, 64-74.
01/29	Exam 1
<i>Part Two: Your First Clients</i>	
02/03 Quiz #3	Ch. 8: Anxiety, Obsessive-Compulsive, and Trauma- and Stressor-Related Disorders Chamberlain, L. (2013). An Evaluation of the Effects of Diagnostic Composition on Indiv Treatment Outcome ... <i>Cog Beh Therapy</i> , 42, 56-63.
02/05 HW #3	Ch. 8 cont. Craske, M. et al. (2009). Treatment for anxiety disorders: Efficacy to effectiveness to implementation. <i>Beh Research & Therapy</i> , 47, 931-937.
02/10 Quiz #4	Ch. 7: Depressive and Bipolar Disorders Lewis, C., Simons, A. et al. (2009). The role of readiness to change in response to treatment of adolescent depression. <i>J Clin Cons Psy</i> , 77, 422-428.
02/12 HW #4	Ch. 7 cont. Cuijpers, P. et al. (2012). Personalized treatment of adult depression: Medication, psychotherapy, or both? A systematic review. <i>Depr & Anx</i> , 1, 1 – 10.
02/17 Quiz #5	Ch. 10: Feeding and Eating Disorders and Sleep-Wake Disorders only Nguyen-Rodriguez, S. et al. (2010). Anxiety mediates the relationship between sleep onset & emotional eating ... <i>Eating Behaviors</i> , 11, 297-300.
02/19 Quiz #6	Ch. 12: Substance-Related and Addictive Disorders Torrens, M. et al. (2011). Psychiatric comorbidity in illicit drug users: Substance-induced vs. independent disorders. <i>Drug Alc Depend</i> , 113, 147-156.
02/24	Exam 2
<i>Part Three: For the Advanced Clinician</i>	
02/26 HW #5	Ch. 6: Schizophrenia Spectrum and Other Psychotic Disorders Preti, A. et al. (2010). Randomized-controlled trials in people at ultra high risk of psychosis: A review of treatment effectiveness. <i>Schiz Res</i> , 123, 30-36.
03/03 Quiz #7	Ch. 9: Dissociative and Somatic Symptom Disorders Daniels, J. et al. (2012). Neural and behavioral correlates of peritraumatic dissociation in an acutely traumatized sample. <i>J Clin Psychiatry</i> , 73, 420-427.
03/05 Quiz #8 HW #6	Ch. 11: Paraphilic Disorders, Sexual Dysfunction, and Gender Dysphoria Lev, A. I. (2013). Gender Dysphoria: Two Steps Forward, One Step Back. <i>Clin Soc Work J</i> , DOI 10.1007/s10615-013-0447-0.
03/10 Quiz #9	Ch. 14: Personality Disorders Rossier et al. (2013). Personality and personality disorders in urban and rural Africa ... <i>Frontiers in Psychology</i> , 4, 1-11.
03/12 Quiz #10 HW #7	Ch. 14 cont. K. M. Davidson, et al. (2009). Cognitive behaviour therapy for violent men with antisocial personality disorder in the community: an exploratory randomized controlled trial. <i>Psychological Medicine</i> , 39, pp 569-577
Final Exam: Thu. Mar. 20 @ 10:15 a.m.	