Psychology 202 - Mind and Society Mondays and Wednesdays, 2:00-3:50 pm, Columbia 150 Winter 2015 (CRN # 25158)

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Teaching Assistants (GTFs):

Ariel Carter-Rodriguez, <u>acarterr@uoregon.edu</u>, 365 Straub Office hours: Thursdays 1-3; and by appointment Colton Christian, coltonc<u>@uoregon.edu</u>, 461 Straub Office hours: Fridays 3-5; and by appointment Christina Gamache Martin, <u>gamachem@uoregon.edu</u>, 462 Straub Office hours: Mondays 11-12; Tuesdays 11-12; and by appointment

If you have a question that could be answered by email by one of the teaching assistants, please try them first instead of emailing the professor (but if they can't answer your question, the professor will be happy to try). If your last name begins with A-G, email Ariel Carter-Rodriguez; if your last name begins with H-O, email Colton Christian; if you last name begins with P-Z, email Christina Gamache Martin. You can visit anyone's office hours.

The Human Subjects Coordinator for the Psychology Research pool is Bill Schumacher (470 Straub Hall, <u>hscoord@uoregon.edu</u>, office hours by appointment only).

Introductory note: This is a long syllabus. Read it all - it will help you do better in the course!

COURSE AIMS AND LEARNING OBJECTIVES - This course is part of a pair of courses in introductory psychology. This course (Psy 202) overviews motivation and emotion, development, personality, abnormal psychology, and social psychology. The course aim of Psy 202 is to give you an introduction to and overview of these areas of psychology, including a general understanding of important terms and concepts, applied problems, current issues, research techniques, and critical thinking strategies within these areas. Psy 202 counts as a social science group requirement. The other course in the intro psych pair, Mind and Brain (Psy 201), emphasizes learning, perception, memory, and the role of neural structures in these psychological processes. (Psy 201 is not a prerequisite for Psy 202.)

This course has been designed to address the following learning objectives for undergraduates as set forth by the Psychology Department:

1) Identify major theories, research findings, and methodological approaches in a variety of key content areas including, for example, cognition, neuroscience, development, social behavior, personality, and psychopathology and mental health; and apply research findings to human behavior in everyday life.

2) Communicate clearly and effectively about psychological topics, including methodological and ethical issues in psychology, based on an understanding of both the strengths and limitations of empirical evidence.

Textbook: Gazzaniga, M., Heatherton, T., & Halpern, D. (2012). *Psychological Science* (4th Ed.). NY, NY: Norton. A copy of the textbook will be placed on reserve at the Knight Library for 2-hour checkout. Please note that there are actually 2 versions of the 4th edition; if your copy of the text talks about the DSM-IV (not the new DSM-V) in Ch. 14, you will need to read the updated supplement to this chapter when we get to it (details in class). The publisher of your textbook maintains a web site for students (for example, it contains flashcards and other resources to help you learn the material in the textbook):

http://www.wwnorton.com/college/psych/psychsci4/

There's also a link to the text site on Blackboard (see below).

Additional Materials: You need to purchase an "i>clicker" from the UO bookstore. (Although an "i>clicker 1" will work for this course, note that the UO is switching to i>clicker 2s.) You will need your i>clicker for Psy 202 lectures AND lab section - bring your i>clicker with you to class EVERY time. Your i>clicker may be used in other courses at the UO. You will need to follow directions to register your i>clicker on Blackboard in Psy 202 – see "Register your iclicker" in the green menu bar. If you have already registered the same clicker number for other courses, you don't need to do this again. However, if you register the same clicker twice, there is no harm. You must register by Friday Feb 6, or your final grade will be docked. Additional penalties may accrue if you delay longer.

Course Blackboard Site: This course has a Blackboard site. Blackboard is a web-based instructional aid. You are responsible for checking the Blackboard site regularly for information related to this course, as well checking for emails from the instructor via Blackboard. Course "check-ups" (see below) and potentially other assignments will be posted on Blackboard, as will notes from lecture, grades, and other useful resources. Blackboard can be found at: <u>https://blackboard.uoregon.edu</u> Login using your UO computer account user name (Duck ID and password). For best results, use Firefox as your web browser when using Blackboard.

LECTURES AND READINGS - Although an attempt has been made to coordinate the lectures with the readings, they frequently will be independent of each other. Some material will be covered in both reading and lecture, but much of the material in the reading will not be discussed in class, and new information not covered in the reading will be presented during class time. The check-ups and the midterm will cover material from lectures, readings and labs (described below). I anticipate that you will need to spend several hours a week outside of class (reading, studying, completing assignments) to do well in this course.

PARTICIPATION and ATTENDANCE (i<clickers) – Alas, with several hundred students, we will not be having cozy chats about psychology or calling roll in class, but fortunately, technology has created ways for me to get some idea of what you're thinking and if topics are clear to you. Periodically, during class, I will ask questions and you will answer with your i<clicker. If you are in class when the questions are asked, you will get participation points for answering. The number of clicker questions per class will vary; your attendance grade will be determined by the percentage of clicker questions you complete. (In order to get 100% of participation points, you will not be required to answer all 100% of the clicker questions throughout the term; I anticipate answering about 95% of them will be considered full points.)

CHECK-UPS - You will be responsible for taking an online "check-up" (quiz) on Blackboard (using the computer of your choice) outside of class at the end of weeks 2, 3, 4, 6, 7, 8, and 9 of the term. The weekly check-ups will appear on Friday afternoons (generally by about 4 pm) and will be available until Sunday night at 8:30 pm. You will be provided with details about the check-ups and instructions before taking them. Check-ups will have about 10 questions each, mostly if not all multiple choice. There will be 7 check-ups in total and they will cover material from readings, class lectures, and lab activities (described below) since the last check-up. Thus, if a topic was covered in the text one week and in class another week, questions about that topic could appear on more than one check-up. Check-ups are designed to test your knowledge of the material and your ability to apply concepts covered in this course. Your lowest check-up grade will be dropped. **THERE ARE NO MAKE-UP CHECK-UPs.** If you miss one, the 0 will be dropped. If you miss a second check-up, the 0 on the second missed check-up (and on any other subsequently missed check-ups) will be averaged into your grade. If you have technical difficulties during a checkup, you should email GTF Christina Gamache Martin (gamachem@uoregon.edu) immediately, unless there are different instructions posted with the checkup.

MIDTERM & FINAL - There will be a multiple choice midterm in Week 6 over all material covered in the class so far. There will be an opportunity to take a make-up version of the midterm during the time that the final is scheduled.

There will be a cumulative multiple choice final exam, scheduled by the university for Thurs. March 19 from 2:45-4:45 pm. THIS IS THE ONLY TIME THE FINAL WILL BE OFFERED to the class. If you do not take the final, you will fail the course regardless of your other grades. Please note the day of the final NOW before you make work/travel plans for Spring Break. If you can't make the final, drop the course. If you have a scheduling problem that satisfies the criteria for a "multiple examination conflict" (e.g., more than 3 exams scheduled on one day), please contact the Office of Academic Advising in 364 Oregon Hall to resolve the conflict.

LAB SECTIONS: You have registered for a lab section of about 25 students. The sections will be led by an undergraduate peer leader and will give you a chance to try your hand at how psychology research is done, as well as a chance to go over some of the key concepts in the course. Lab sections are required. Attendance and participation in these groups (which will be monitored and computed by a GTF) is mandatory – be sure to bring your i>clickers to lab and attend the lab for which you are registered. Additional information on the lab sections will be available during the meeting of the labs, which will occur the first week of classes. You will have lab assignments, some of which will be due electronically during the week (before your lab meets again) – details provided in the lab class and online.

RESEARCH REQUIREMENT (see below if you are not yet 18!!) – Part of this course is learning about research being conducted in the field of psychology. As an instructor, I believe the best way for you to learn about psychology research is to experience it firsthand by participating in the dazzling array of high guality psychology research being conducted at the University of Oregon. Psychology and Linguistics researchers run many experiments on varied topics (e.g., psychological coping, attention, social interaction). To participate in experiments, you can sign up on an electronic bulletin board at: http://uopsych.sona-systems.com. During your first visit to the site, you will request a username and password. Once logged in, you will be asked to complete a short screening questionnaire that will potentially make you eligible for additional studies. (The first question is whether or not you are 18. If you are not yet 18, when you answer this question, you will be unable to continue the questionnaire OR participate in the subject pool this term, even if you turn 18 during the term. See more details below.) When you go to the SONA website, you will find a list of studies that are available to you as well as the time and location of each study (some can be completed online). After participating in a study, you will be electronically credited for the time allotted for that study. Studies range in length from ½ hour to 2 hours or longer. One hour of participation = 1 credit, and to complete the research requirement, you will need to complete 4.5 credits worth of studies. For further information, see the slides from the PowerPoint presentation about being a research participant on the course Blackboard site, or email the Human Subjects Coordinator, <u>hscoord@uoregon.edu</u> with questions. More details about participating in research studies will be provided in class.

For legal reasons, minors (those under 18 years) cannot be part of the subject pool. Those who are under 18 should complete the alternative assignment described below. If you will turn 18 at some point during the term, you may wish to satisfy part of the research requirement by doing the alternative assignment and part by participating in the subject pool. If you are planning on doing this, wait to complete your SONA registration UNTIL you are 18! Regardless of age, you are responsible for satisfying the research requirement deadlines listed under the assignments below.

Furthermore, for ethical reasons, the university and I neither can force you to participate in research studies, nor would we wish for you to be uncomfortable participating in studies. For this reason (and for those under 18), there is an alternative assignment that you can do instead that involves signing up in advance for 2-hour timeslots to come to the Psychology Department to read psychology research articles and write an essay about them. There is also a ½ hour tutorial

you can complete, so that doing two of the article reading sessions, plus the tutorial, will equal the same 4.5 hours of time as participating in studies. For more details about completing this alternative, please contact the teaching assistants.

IMPORTANT NOTES: If you fail to show up to TWO studies without good reason, you will lose the privilege of participating in research studies as a way to complete your research requirement. You will instead be required to complete your research requirement by doing the alternative assignment.

All students must complete the research requirement to get a grade in the course. If you do not complete the requirement, you will receive an incomplete in the course until you do. If you do not complete the requirement within a year, the incomplete will become a failing grade, as required by the university registrar.

Two of the 4.5 hours of the research requirement must be completed by midnight on Friday, Feb 6. The other 2.5 hours must be completed by 5 pm, Friday Mar 13. **PLAN AHEAD:** To complete the research requirement, you must schedule your time slots (whether participating in studies or doing the alternative assignment) in advance. A failure to schedule timeslots for completing the research requirement in time for both the Feb 6 and Mar 13 deadlines will result in a permanent loss of the points in the course.

| SUMMARY OF GRADED ACTIVITIES | Percentage of Final Grade |
|---|---------------------------|
| Lecture attendance | = 8% |
| 6 check-ups (7 in total, drop the lowest) | = 30% |
| In-class midterm | = 20% |
| Final exam (required to pass course; must be taken at scheduled tir | ne) = 25% |
| Lab attendance and activities | = 8% |
| Research requirement (4.5 hours; each hour counts 2%) | = 9% |
| = 100% | |

Final grades may be curved up depending on the final distribution.

WELCOME TO THE INFORMATION/ELECTRONIC AGE! – There are THREE different kinds of "logging in" for this class. Here's the breakdown:

- 1) To access **Blackboard** (<u>https://blackboard.uoregon.edu</u>), for course information, online checkups, and grades, use your UO username ("Duck ID") and password.
- 2) To register your i<Clicker, follow the directions on the Psy 202 Blackboard site (under "Course Information"). Use your "Duck ID." The clicker ID can be found on the clicker itself (if the clicker ID number is unreadable, come see me). You only have to do this once, but you must do it by Feb 6.
- 3) If you choose to satisfy the research requirement by doing studies, you need a SONA ID, which you can get by following the directions on the SONA website: <u>http://uopsych.sona-systems.com</u>. If you are not yet 18, do not ask for a SONA ID; you will need to do the alternative assignment described above.

CLASSROOM EXPECTATIONS - This is a large class, and in order to respect the rights of other students, **you must not talk** while I am lecturing. If only 5% of the class talks during class, it is equivalent to the racket generated at a reasonably sized party! Talking makes it hard for other students to hear the lecture. Although you may feel invisible among hundreds of other students (an example of deindividuation, which is a topic covered in this course), many of your behaviors during class are visible to me. Arriving late, leaving early, personal grooming, physical acts of affection towards other classmates, snapping the pages of *The Emerald* and loud snoring distract me and interfere with my ability to present the material clearly. Even if you are not interested in what I am saying, other people in the class may be, and your actions will detract from my ability to provide a good learning experience for them. If I find your behavior extremely disruptive, I may have to call attention to you to get you to stop or to ask you to leave – please don't make me do this.

Cheating will not be tolerated in any form in this class. If you are caught cheating, you will receive a 0 on the assignment; you may also receive a failing grade for the course. I hate cheating, because it takes up large amounts of my time that could be used for other much more constructive uses, including making this a better course. Thus, cheating behavior is not only dishonest; it also deprives other students of receiving the highest quality instruction. If you are ever unsure about whether a behavior constitutes cheating, please ask me or one of the teaching assistants. For more information about academic dishonesty, see:

http://uodos.uoregon.edu/StudentConductandCommunityStandards/AcademicMisconduct/tabid/248/Default.aspx Assignments that you turn in may be run through an electronic database to check for cheating. Remaining in this course constitutes your consent to this procedure.

Turn your cell phone ringers OFF before coming to class. Do not even think about taking or making a call during class unless you suspect terrorists have entered the classroom or one of your classmates is dying. Do not receive or send text messages during class. If a phone call or message is so important that you have to take it during class time, then it is important enough to skip class for it (but keep in mind you are responsible for the material you miss in class). **If you use a laptop in class**, please use it for taking notes only. Do not surf the web or go on Facebook – it is distracting to those around you. If I have to speak to you about inappropriate use of electronics during the class more than once during the term, I will ask you to withdraw from the course or give you a failing grade for the class and ask you not to return.

Special request - Please fill in seats at the front of the room before sitting in the back. It creates a much better environment for all if there are not sparsely populated wilderness areas. If there are seats still available, I will ask you to move from the back tier of the classroom.

CLASSROOM "CLIMATE". It is my goal (although not always an achievable one) that you feel comfortable and respected – both by me and your peers – in this class. Please let me know if I or other students make you feel uncomfortable; ideally, something can be changed so that you feel more comfortable. If you feel that you or someone else has been the victim of bias in this class, you may consider contacting the Bias Response Team: <u>http://bias.uoregon.edu/index.html</u>

The UO is committed to providing an environment **free** of all forms of discrimination and sexual harassment. If you (or someone you know) has experienced or experiences gender-based violence (intimate partner violence, attempted or completed sexual assault, harassment, coercion, stalking, etc.), know that you are **not alone**. UO has staff members trained to support survivors in navigating campus life, accessing health and counseling services, providing academic and housing accommodations, helping with legal protective orders, and more. Please be aware that all UO employees are required reporters (please note that Peer Lab Leaders are not employees; however your instructor and GTFS are). This means that if your instructor or GTF know about a situation, they have to report the information to their supervisor or the Office of Affirmative Action and Equal Opportunity. Although they are required reporters, you will still have options about how your case will be handled, including whether or not you wish to pursue a formal complaint. If you wish to speak to someone confidentially, you can call 541-346-SAFE, UO's 24-hour hotline, to be connected to a confidential counselor to discuss your options. You can also visit the SAFE website at safe.uoregon.edu.

STUDENTS WITH SPECIAL NEEDS - If you have a documented disability and anticipate needing accommodations in this course, please make arrangements to meet with me soon. You will need to bring me your letter from a counselor at the Accessible Education Center (formerly Disability Services) verifying your disability and describing any necessary accommodations. I also ask that you plan well ahead if you need accommodations, and remind me what you need via email before the assignment or test.

If English is not your native language, and you think you may need to use a dictionary for in-class tests, please have your dictionary checked by me or one of the TAs prior to the test. Electronic dictionaries are not permitted.

Seats for left-handed individuals are found on many of the aisles in this classroom.

TALK TO ME - I am always interested in hearing feedback from students. Feel free to talk to me after class, email me with comments, come to office hours, or write me notes. I can't promise that I will make changes that you request, but I will listen. I wish I could know all of you, but it's impossible with a class this large. If you see me around campus or town, I would be delighted if you would introduce yourself and tell me you're in my Psychology 202 class. If you represent the UO on a sports team, in a musical ensemble, or some other group, or you happen to be famous for other reasons, please tell me!

COURSE SCHEDULE

Chapters 1 & Syllabus

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Chapter 2

Reading is to be completed **before** the first class for which it is listed. Note: Last date to drop courses without receiving a "W": Sunday, Jan 11 Last date to drop courses with "W" or change to pass/no pass: Sunday, Feb 22

<u>WEEK 1</u>

- Jan 5 Introduction to course
- Jan 7 Psychology as a science

Lab #1 Introductions, set-up, and expectations **Note that labs meet Weds, Thurs, or Fri of this week – attend the lab you are registered for!**

<u>WEEK 2</u>

- Jan 12Psychological methods
- Jan 14 Psychological methods (continued)

Lab #2 Hypothesis Testing Lab (for next week's lab, complete Emotion Recognition test - details in lab)

Due: Complete **Checkup #1** on Blackboard (outside of class) by **8:30 pm SUNDAY, JAN 18.** The checkup will show up on Blackboard by Friday evening (subsequent check-ups to be completed before subsequent Sundays at 8:30 pm).

<u>WEEK 3</u>

| Jan 19 | Martin Luther King Jr Holiday - NO CLASS | |
|--------|--|---------|
| Jan 21 | Motivation and Emotion | Chapter |

Lab #3Emotion Recognition Lab

Due: Checkup #2 by Sunday Jan 25 at 8:30 pm.

WEEK 4

- Jan 26Emotions Stress and HealthChapter 11Jan 28Development
- Lab #4 Development and Gender Lab
- Due: Checkup #3 by Sunday Feb 1 at 8:30 pm.

<u>WEEK 5</u>

| Feb 2 | Development (continued) | Chapter 9 |
|-------|-------------------------|-----------|
| Feb 4 | Development (continued) | |

Lab #5Midterm Review

(For next week's lab, complete Personality test and send photo of your room to your peer lab leader - details in lab.)

Due: FRIDAY Feb 6 at 5 pm: Complete 2 hours of your research requirement (see above). **No checkup this week.**

Feb 9 In-class **MIDTERM** – covers all lectures, chapters, and labs since the course began.

- Feb 11PersonalityChapter 13
- Lab #6 Personality/Room With a View Lab

Due: Checkup #4 by Sunday Feb 15 at 8:30 pm.

<u>WEEK 7</u>

WEEK 6

- Feb 16Personality (cont.) & Psychological DisordersChapter 14Feb 18Psychological Disorders (continued)"Sybil" reading (online)
- Lab #7Ordinary/Extraordinary Lab

Due: Checkup #5 by Sunday Feb 22 at 8:30 pm.

<u>WEEK 8</u>

| Feb 23 | Treating Psychological Disorders | Chapter 15 |
|--------|--|------------------------------------|
| Feb 25 | Treating Psychological Disorders (cont.) | Insanity Defense readings (online) |

Lab #8Medication Ads Lab

Due: Checkup #6 by Sunday Mar 1 at 8:30 pm.

<u>WEEK 9</u>

| Mar 2 | Social Psychology | Chapter 12 |
|-------|---------------------------|------------|
| Mar 4 | Social Psychology (cont.) | |

Lab #9 Social Dilemma Lab (For next week's lab, complete attraction survey online – details in lab.)

Due: Checkup #7 by Sunday Mar 8 at 8:30 pm.

<u>WEEK 10</u>

| Mar 9 | Social Psychology (cont.) | Stanford Prison Reading (online) |
|--------|---------------------------|----------------------------------|
| Mar 11 | Social Psychology (cont.) | |

Lab #10Attraction Lab

Due: Research requirement must be completed by 6 pm, Friday, Mar 13. **No checkup this week**

FINALS WEEK

Thurs Mar 19Final exam (cumulative), 2:45-4:45Columbia 150

The final exam is offered at this time only. If you do not take the final exam, you will fail the course, regardless of your prior course average. Please make any spring break travel or work

plans accordingly. If you would like to make up the midterm, you may do so during the final exam period for this course. That is the only time a makeup midterm will be offered. Offering a makeup midterm is a courtesy (not required of faculty). Please note that rules about conflicting finals or several finals in one day do not apply to makeup midterms, only to the final exam.