

# Biopsychology (PSY 304)

University of Oregon  
Spring 2016

MW 12:00 – 1:20; 145 Straub

4 credits; CRN: 35193

Labs: Th 10:00 – 11:20; 123 LLCN (CRN: 35194)

Th 12:00 – 1:20; 251 Straub (CRN: 35195)

F 10:00 – 11:20; 251 Straub (CRN: 35196)

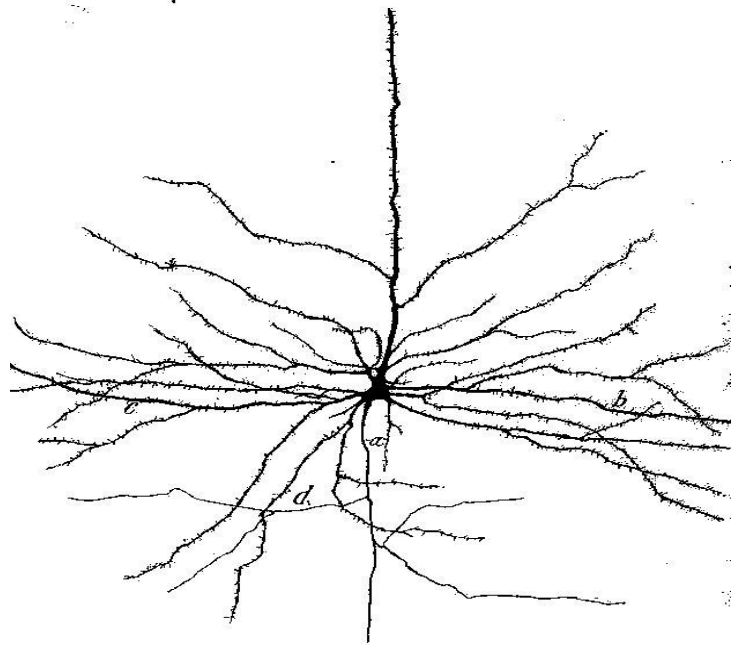
F 12:00 – 1:20; 252 Straub (CRN: 35197)

Prerequisites: none

**Instructor:** Dr. Matt Smear  
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**General Course Description:** Three pounds of meat – that’s enough for a small dinner party if you’re buying a roast, or a Quarter-Pounder for you and each of eleven of your closest friends. But did you know that three pounds of meat can also hold a lifetime of memories, emotions, thoughts and desires? In this course, we explore the brain, the three pounds of meat that make us who we are.

To understand the workings of the brain, we begin by exploring the cells, or neurons, that make up the brain – their structure and function, with a focus mostly on the ways in which these neurons “communicate” with one another using electrical currents and chemical signals. We also discuss how the chemical interaction between neurons is affected by drugs (those prescribed by a doctor, as well as those that aren’t...), so that we can better understand their behavioral effects and associated benefits (and dangers). We also study the anatomy of the brain and the way in which different functions are segregated within the tissue. We then explore many of these functions in depth, including, for example:

- Sensation (vision, touch, hearing, taste and smell), which allows us to discover things about the world around us.
- Learning and memory, which provides a means of storing (and later recalling) that new-found information.
- Reproductive behavior, which is – well, you know what *that’s* for...
- Sleep, which might seem to be a time when the brain simply shuts down, but in reality is a time when the brain is highly active.
- Emotions, which modulate and color our behavior and interactions with others.

Finally, we discuss what happens when things go wrong in the brain – lesions due to trauma or stroke, developmental disorders like Down Syndrome and autism, degenerative disorders like Alzheimer’s and Parkinson’s Disease, schizophrenia, and depression, to name a few.

The course assumes no prior knowledge of biology or neuroscience – the only prerequisite is a desire to learn how a piece of meat can think, act and feel.

**Required Text:** *The Mind’s Machine* by Watson & Breedlove (please notify me immediately if you have difficulty obtaining the text from the bookstore).

**Course Website:** The official course website is on Canvas (<http://canvas.uoregon.edu>). Please notify the instructor or GTF if you have difficulty logging into the site. This site will provide supplemental information for the course (course outline, grades, powerpoint files, etc.).

**Optional Weblinks:** You can get more neuroscience-related information at the External Links directory in the Canvas site, or at the following web sites:

<http://brainconnection.positscience.com/>

<http://blog.eyewire.org/en/>

[http://ect.downstate.edu/courseware/neuro\\_atlas/](http://ect.downstate.edu/courseware/neuro_atlas/)

<http://learn.genetics.utah.edu/content/addiction/>

<http://www.neuroguide.com>

<http://www.mindhacks.com/>

<http://www.drugfree.org/drug-guide>

<http://www.newscientist.com/topic/brain>

If you know of other web sites of interest, please pass them along to the instructor.

**Course Format:** The material in this course will be presented through a combination of assigned reading from the text, class lectures, and in-class/in-lab videos, demonstrations and discussion. Lecture material and readings will have some overlap, but will not be replications of each other; some lecture material will not be covered in the readings and vice versa. You are expected to do the assigned reading *before* the corresponding lecture. Reading the material before the corresponding lectures will help your performance in two ways. First, discussions of the material during lecture will be more fruitful if you have at least a general understanding of the material beforehand, helping you to ultimately comprehend and retain the material. Second, questions drawn from the assigned readings will be included on the regularly scheduled quizzes, *even if they have not yet been discussed in lecture (see below)*.

**Grading:** Grading will be based on the combined scores from the lab/participation (7.5%), quizzes (12.5%), two midterm exams (25% each), and the final exam (30%). Letter grades will be determined as follows: A (90 - 100% of total possible points), B (80 - 89%), C (70 - 79%), D (60 - 69%), F (0 - 60%). However, the instructor reserves the right to relax (but not stiffen) this criterion, depending on the actual distribution of grades.

**Lab/participation (7.5% of final grade):** Lab scores will be determined by class participation (discussion, questions, etc., within both the lab and lecture) and lab attendance. The weekly lab sections will be spent doing either hands-on demonstrations/discussions, review sessions for the exams, or retaking the midterms. Attendance at the review sessions or midterm retakes is optional, but *to receive full credit for the lab participation portion of the final score, you must attend all of the sessions in which hands-on demonstrations is performed*. If you are unable to attend the lab section in which you are enrolled, you may attend one of the other sections (space permitting). However, if circumstances in your life make it impossible to attend any lab section during a given week, you may do a make-up assignment to earn up to 90% of the missed lab. For the make-up assignment, you must either attend one of the events listed in the Lab Documents portion of the canvas site, or listen to one of the podcasts linked there (these may be updated throughout the term, as new material presents itself). Then, you must write a short response paper on the event or podcast (at least 2 pages, 12 point font, double spaced, 1 inch margins) – tell what you found most interesting, describe insights that you gained, discuss related issues that were brought to mind, etc. Email your paper (in pdf or doc format) to the instructor for credit. **NOTE: You are only allowed one paper to make up for one missed lab.** If you find that you will be missing two or more labs throughout the term for valid reasons, please notify the instructor as soon as possible to discuss other possible remedies.

**Quizzes (12.5%):** Short quizzes will occasionally be given in class. Quizzes will contain 3 multiple choice questions that pertain to the recently presented lecture material and the readings from the text. Questions will occasionally be drawn from readings that have been assigned but have not yet been discussed in lecture (even those due the day of the quiz); however, these questions will be of a more general nature and should be easily answered if you have read the material.

Of the eight quizzes, the two with the lowest scores will be dropped, with the average score of the remaining six yielding 12.5% of the final grade. ***No make-up quizzes will be offered;*** if you miss a quiz, that grade will be one of the two that will be dropped.

**Exams (Midterm #1: 25%, Midterm #2: 25%, & Final: 30%):** The midterm and final exams will be composed of multiple choice, matching, fill-in-the-blank and short answer questions. The two midterm exams (but not the final exam) will also be retaken during the lab period immediately following the exam, with the total exam grade equal to an average of the original and retaken exams; if the retaken exam has a lower score than the original, only the original will be counted. The final exam will contain questions drawn from the entire course, but with a greater focus on material covered since Midterm #2. ***No make-up exams will be given without***

*evidence of a valid excuse, and the final cannot be taken earlier or later than the time listed in the University final exam schedule - if you know in advance that you cannot take all exams at the appointed times (see the course schedule below), do not take this course!* If unforeseen circumstances during the term prevent you from taking an exam, notify the instructors *immediately*.

**Extra Credit:** Students interested in an extra credit assignment can serve as subjects in the Psychology Human Subjects Pool. The Human Subjects Pool is designed to provide students the opportunity to see first hand how psychology experiments are performed; at the same time, you'll be providing data that will help a researcher learn how the brain works. If you decide to participate, you will earn 1 point of extra credit toward your *final grade in the course* for each hour you serve as a subject, up to a maximum of 3 points (credits beyond the maximum of 3 will not be counted). For example, 3 hours of credit would increase a final grade of 79 up to an 82, giving you a B- for the course instead of a C+.

To participate, follow the guidelines for the Human Subject Pool posted at <http://psychweb.uoregon.edu/undergraduates/humansubs>. Since it is impossible to predict the number of experiments that will be available on any given week, I suggest that you *do not wait until the last week of the term before participating*. It is uncertain whether any experiments will be available during finals week. Note that it is your responsibility to faithfully follow the rules of Human Subject Pool, as described at <http://psychweb.uoregon.edu/undergraduates/humansubs>. If you do not follow these rules, you will be penalized, in the form of a subtraction from your already-completed extra credit. **If you have any questions or comments about this extra credit assignment, do not hesitate to contact Prof. Smear at [smear@uoregon.edu](mailto:smear@uoregon.edu).**

**Students that prefer not to participate in the Psychology Human Subjects Pool can instead collect extra credit by writing a short paper on a topic within Biopsychology.** If this is your preference, please see Prof. Smear to discuss the details of the requirement.

**Academic Learning Services:** If you have difficulty with the course materials at any time, you are encouraged to contact the instructors or TA so that we can provide timely assistance. In addition, the resources of the Academic Learning Services (<http://als.uoregon.edu/learningservices/index.html>) can be invaluable to students that require assistance in, for example, perfecting good study habits or honing their writing skills.

**Students Needing Accommodations for Accessibility:** If you have a documented disability and anticipate needing accommodations in this course, please make arrangements to meet with the instructor as soon as possible. Also, please request that a counselor at the Accessible Education Center ([uoaec@uoregon.edu](mailto:uoaec@uoregon.edu), tel. 541-346-1155) send a letter verifying your disability. For a list of resources provided by the Accessible Education Center, please see <http://aec.uoregon.edu>.

**Students for whom English is a Second Language:** If you are a non-native English speaker and think you may have trouble in this course due to language difficulties, please see the instructor as soon as possible to make any necessary special arrangements.

**Academic Honesty:** **All work submitted in this course must be your own.** For the consequences of academic dishonesty, refer to the Schedule of Classes published quarterly. Violations will be taken seriously and are noted on student disciplinary records. If you are in doubt regarding any aspect of these issues as they pertain to this course, please consult with the instructor before you complete any relevant requirements of the course. (For more information, see the UO web site regarding academic honesty at: <http://uodos.uoregon.edu/StudentConductandCommunityStandards/StudentConductCode/tabid/69/Default.aspx>).

**Course Outline:** This is only a working draft of the course outline; it will be revised as the quarter progresses. Additional readings may be added. Dates on which particular topics are to be presented in lecture are subject to change, as are reading assignment due dates; however, we will not change the dates of quizzes or exams unless absolutely necessary. The official updated version of the outline will reside on the Canvas web site. Updated print versions can also be obtained from the instructors or teaching assistant during normal office hours.

Week	Date	Topic	Reading Assignments	Exams/Quizzes
1	Mar 28	An Intro to Brain & Behavior	Chapter 1	Quiz #1 (take home)
	Mar 30	Cells & Structures (part 1)	Chapter 2	
2	Apr 4	Cells & Structures (part 2)	Chapter 2	Quiz #1 due; Quiz #2
	Apr 6	Neurophysiology (part 1)	Chapter 3	
3	Apr 11	Neurophysiology (part 2)	Chapter 3	Quiz #3
	Apr 13	<b><i>Midterm Exam #1 – Chapters 1, 2 and 3</i></b>		<b>Midterm #1</b>
4	Apr 18	The Chemistry of Behavior (part 1)	Chapter 4	
	Apr 20	The Chemistry of Behavior (part 2)	Chapter 4	
5	Apr 25	Vision (part 1)	Chapter 7	Quiz #4
	Apr 27	Vision (part 2)	Chapter 7	
6	May 2	Hormones & Sex (part 1)	Chapter 8	Quiz #5
	May 4	Hormones & Sex (part 2)	Chapter 8	
7	May 9	<b><i>Midterm Exam #2 – Chapters 4, 7 and 8</i></b>		<b>Midterm #2</b>

	May 11	Biological Rhythms & Sleep (part 1)	Chapter 10	
8	May 16	Biological Rhythms & Sleep (part 2)	Chapter 10	Quiz #6
	May 18	Emotions, Aggression & Stress (part 1)	Chapter 11	
9	May 23	Emotions, Aggression & Stress (part 2)	Chapter 11	Quiz #7
	May 25	Memory, Learning & Development (part 1)	Chapter 13	
10	May 30	Memorial day; no class		
	Jun 1	Memory, Learning & Development (part 2)	Chapter 13	Quiz #8
11	Mon., Jun 6, 2:45 pm	<i><b>Final Exam – Comprehensive, but focused mainly on Chapters 10, 11 and 13 (pgs. 354-379)</b></i>		<b>Final</b>