

**Psychopathology 469**  
**CRN 35243**  
**Monday & Wednesday 10-11:20**  
**Willamette 110**

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## **I. Course Overview**

**A. Course Objectives.** This course is designed to teach students about theories, symptom presentations, and treatment approaches to various mental disorders. Students will learn about the benefits and limitations associated with the predominant model by which the field currently conceptualizes and classifies mental health disorders. Students will also practice reading original research, designed to facilitate critical thinking about 'what we know', and 'what we don't know' about the etiology and treatment of mental health disorders.

### **B. Learning Outcomes and Methods of Assessment.**

- Understand various models of psychopathology and treatment
- Critically analyze models of psychopathology
- Practice reading and critiquing original research articles
- Articulate a position/model of psychopathology and formulate a case conceptualization using supporting empirical evidence

### **C. Course Text and Readings.**

1) Nolen-Hoeksema, S. (2013). *Abnormal Psychology* (6th edition.). New York, NY: McGraw-Hill Humanities. \*Can be purchased at the Duckstore; one copy is on reserve at the library.

2) Other articles will be posted on Canvas. They will be listed in the same fashion as they are on the syllabus (i.e. Article #1, Article #2).

## **II. Classroom policies.**

**A. Attending lectures** - I do not take attendance, which means that your choosing to come to class is up to you. I can guarantee you will get more out of this course if you attend all lectures. I do not post lectures.

**B. Classroom etiquette.** Please turn off your cell phones before class. If you use a laptop to take notes, please do not browse the web as it is distracting to those around you.

**C. Academic misconduct.** Please familiarize yourself with the University of Oregon's classroom misconduct code, found at <http://conduct.uoregon.edu>. I will follow all procedures to handle misconduct as outlined by the University. This means that instances of suspected cheating or plagiarizing will be reported to the University. In addition, you will receive a zero on any quiz, essay, or cumulative exam in which you cheat or plagiarize and may fail the course. All graded work in this course is to be completed independently.

**D. Students with special needs.** If you have a documented disability and anticipate needing accommodations in this course, please make arrangements to meet with me soon. Please request that the Counselor for Students with Disabilities send me a letter verifying your disability.

**III. Grading.** Your grade will be derived from quizzes, essays, and a cumulative exam. The total class points are out of 200.

**A. Quizzes are 45% of your total grade.** Quizzes are designed to assess your understanding of models of psychopathology and treatment. Each quiz is worth 30 points. Your lowest quiz grade will be dropped. *There are no make-up quizzes in this course.* If you miss a quiz, you will get a zero and presumably, this will become your lowest grade that is then dropped.

1. There will be between 15-20 questions on each quiz. Questions will be a mix of multiple choice and short answer. I will promptly collect quizzes at 10:40, which gives you 35-40 minutes to complete the quiz, provided you arrive to class on time. New material is presented after the quizzes so stick around!
2. You will receive a study guide during the previous class session.
3. You are responsible for all the readings assigned in this course (text and articles) and all lecture material. There will be material on the quiz NOT covered in class. Sometimes I will lecture on material NOT covered in the articles or text.

**B. Essays are 30% of your total grade.** Essays are designed to assess a) your critical thinking about course material and b) your developing ability to incorporate empirical evidence into your writing. Each essay is worth 20 points. Essays must be uploaded to Canvas by 11:59pm before the class they are due. Canvas will not accept late essays. Please save your essay with your last name and assignment #. Example: Zalewski\_essay1.doc.

1. Prompts for essays will be given at least 5 days in advance. Essays should not exceed 500 words total. This typically results in 2 pages, double-spaced. Grading will be based on content and writing style.

**C. The final exam is worth 25% of your total grade.** It is cumulative. The format for the final exam is multiple-choice and short answer. There will be approximately 50 questions on the cumulative exam. There is no make-up final exam.

	Inferior			Satisfactory			Good			Excellent		
F	D-	D	D+	C-	C	C+	B-	B	B+	A-	A	A+
<59.5	59.5-	62.5-	66.5-	69.5-	72.5-	76.5-	79.5-	82.5-	86.5-	89.5-	92.5-	95+

<b>Date</b>	<b>Topic/Reading</b>	<b>Quizzes, Essays, and Final Exam</b>
1. M, March 28	<b>What is psychopathology?</b>	
2. W, March 30	<b>What is psychopathology?</b> Chapter 1	
3. M, April 4	<b>Theories of psychopathology</b> Chapter 2	
4. W, April 6	<b>Assessment &amp; Research</b> Chapters 3 & 4	Receive study guide for Quiz 1
5. M, April 11	<b>Trauma, anxiety, obsessive compulsive, and related disorders</b> Chapter 5 Article 1	Quiz 1 Receive essay prompt 1
6. W, April 13	<b>Trauma, anxiety, obsessive compulsive, and related disorders</b>	
7. M, April 18	<b>Trauma, anxiety, obsessive compulsive, and related disorders</b>	Essay 1 due at 11:59 Sunday night
8. W, April 20	<b>Mood Disorders and Suicide</b> Chapter 7	Receive study guide Quiz 2
9. M, April 25	<b>Mood Disorders and Suicide</b> Article 2	
10. W, April 27	<b>Schizophrenia</b> Chapter 8	Quiz 2 Receive prompt for Essay 2
11. M, May 2	<b>Schizophrenia</b>	Essay 2 due at 11:59 Sunday night
12. W, May 4	<b>Personality Disorders</b> Chapter 9	Receive study guide for Quiz 3
13. M, May 9	<b>Personality Disorders</b> Article 3	
14. W, May 11	<b>Eating Disorders</b> Chapter 12	Quiz 3
15. M, May 16	<b>Eating Disorders</b>	
16. W, May 18	<b>Substance Use</b> Chapter 14	Receive study guide quiz 4
17. M, May 23	<b>Autism Spectrum Disorder</b> -part of chapter 10	
18. W, May 25	<b>No new material presented</b>	Quiz 4 Receive essay prompt 3
19. M, May 30	<b>MEMORIAL DAY</b>	
20. W, June 1	Course Review	Essay 3 due at 11:59 Tuesday night
Friday, June 10 at 10:15am	<b>Class Final</b>	