



PSYCHOPATHOLOGY

PSY 309

Fall 2017

Class Meeting Time and Classroom:

Mondays and Wednesdays, 10:00-11:20am, 145 Straub

Professor:

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Graduate Employees:

Nicole Cummins

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COURSE DESCRIPTION

The course examines the definition, assessment, prevalence, manifestation, etiology, and treatment of abnormal behavior. The symptomatology and prevalence of various types of psychopathology are presented along with the most current theories and research on the possible causes of these disorders. Also discussed is research on the effectiveness of interventions and mental health services designed to treat a particular disorder. Specific issues addressed include the sociocultural context of normal and abnormal behavior, historical perspectives to abnormal behavior, empirical approaches to studying deviant behavior, the diagnostic classification system, differing models and theories of psychopathology, culture-bound syndromes, symptoms, etiology, and course of illness for each major mental health disorder, and the development and evaluation of treatments for certain disorders. Special emphasis is given to examining important ethnic, cultural, gender, and age influences on the patterns and symptoms of different types of mental health disorders and how issues of diversity may affect a person's response to mental health treatment and care.

This course meets the General Education requirement because it offers a representative cross-section of key issues, theoretical perspectives, and tools and methods used in psychopathology research. The subject matter of the course is relatively broad, comparing the perspectives of models of psychopathology.

LEARNING OUTCOMES

- Understand various models of psychopathology and treatment
- Critically analyze models of psychopathology

COURSE MATERIAL

Textbook:

Sue, D., Sue, D. W., Sue, D., & Sue, S. (2016). *Understanding abnormal behavior, 11th edition*. Stamford, CT: Cengage Learning. ISBN: 978-1-305-08806-1

Can purchase at Duckstore.

ASSESSMENT

Your grade will be derived from MindTap reading posttests, three midterms, and a non-cumulative final exam. MindTap posttests are available on Canvas and cover the material in each chapter. The purpose of the posttests is to ensure that you understand the material in the text. The posttests are due at 11pm the evening before the material will be covered in class. Each of the sixteen MindTap posttests is worth 1.25 points.

Each exam will be 20 multiple choice questions. Examples of possible exam questions will be reviewed in class. Exam questions will be based on all the material in the lecture notes and on content emphasized in the study guides from the textbook. Textbook study guides for each midterm and the final are posted on Canvas. Exam questions will be split about evenly between the lectures and textbook. Students must answer from memory, and cannot use notes, outlines, papers, etc. Each midterm and final will be worth 20% of your grade. Having multiple low stakes exams is based on current learning research that indicates that this method facilitates learning and retention of material.

MindTap posttests (various due dates)	20%
Midterm examination 1 (October 11)	20%
Midterm examination 2 (October 30)	20%
Midterm examination 3 (November 15)	20%
Final examination (December 8, 10:15am)	20%

Students who experience extenuating circumstances at the time of an exam, confirmed by a reliable source, can make alternative arrangements **before** the exam. Make-up exams may be essay questions.

Grading: Grades will be assigned by the following percentages and Psychology Department standards based on exam performance:

A 90% - signifies an exceptional level of achievement. The student demonstrates an excellent grasp of the material and very strong performance across the board, or exceptional performance on most aspects of the course and good performance in others.

B 80% - signifies a good level of achievement. The student demonstrates consistently good grasp of material and good performance, or very strong performance on some aspects of the course and satisfactory performance on others.

C 70% - signifies an adequate level of achievement. The student demonstrates a satisfactory grasp of course material and adequate performance, or good performance on many aspects of the course paired with some notable deficiencies.

D 60% - signifies a minimal level of achievement. The student demonstrates the bare minimum level of understanding and does not fully meet the course requirements.

F 59% and below - evidence of student understanding of course material and/or performance is insufficient to merit credit for the course.

You will be guaranteed the letter grades above with the percentages above. Grading on a curve may be considered depending on the class grade distribution. There is **no extra credit** in this course.

COURSE EXPECTATIONS and POLICIES

Estimated Student Workload: Course completion will provide 4 credits toward your degree. This is the equivalent of 120 hours of work across the term, or 12 hours a week. You will spend 3 hours in class each week. The other 9 hours will be spent completing assignments. The bulk of the work comes from reading the text and articles and studying for midterms and the final.

Attendance: I do not take attendance, which means that your choosing to come to class is up to you. I guarantee you will get more out of this course if you attend lectures. I will post the lectures after class. However, you should not rely on the posted lectures as a substitute for attending class, because I will often elaborate on points within the slides.

Readings: Readings should be completed before the class in which they are due.

Email: I will do my best to respond to email with 24 hours. Please include "PSY 309" in the subject line of your emails to help me keep track of them.

Electronics etiquette: Please turn off your cell phones before class. If you use a laptop to take notes, please do not browse the web because it distracts others.

Inclusivity statement: It is the policy of the University of Oregon to support and value cultural diversity. To do so requires that we:

- ✓ Respect the dignity and essential worth of all individuals
- ✓ Promote a culture of respect throughout the University community
- ✓ Respect the privacy, property, and freedom of others
- ✓ Reject bigotry, discrimination, violence, or intimidation of any kind
- ✓ Practice personal and academic integrity and expect it from others
- ✓ Promote the diversity of opinions, ideas, and background, which is the lifeblood of the university

Academic integrity: Academic integrity is the pursuit of scholarly activity free from fraud and deception and is an educational objective of this institution. Academic dishonesty includes, but is not limited to, cheating, plagiarizing, fabricating of information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students. Please familiarize yourself with the University of Oregon's classroom misconduct code, found at <http://conduct.uoregon.edu>. I will follow all procedures to handle misconduct as outlined by the University. This means that instances of suspected cheating or plagiarizing will be

reported to the University. In addition, you will receive a zero on any quiz, essay, or cumulative exam in which you cheat or plagiarize and may fail the course. All suspected Academic Misconduct will be reported to Office of Student Conduct.

Accessibility: If you have a documented disability and you anticipate needing accommodations in this course, please see me within the first week of the term. The documentation of your disability must come in writing from the Accessible Education Center in the Office of Academic Advising and Student Services. Disabilities may include (but are not limited to) neurological impairment, orthopedic impairment, traumatic brain injury, visual impairment, chronic medical conditions, emotional/psychological disabilities, hearing impairment, and learning disabilities. For more information on Accessible Education Center, please see <http://aec.uoregon.edu>. Also, please request that Hillary Gerdes (hgerdes@oregon.uoregon.edu, tel. 346-3211, TTY 346-1083), Senior Director of the Accessible Education Center, send a letter verifying your disability.

University Counseling Center: (tel. 541-346-3227, 1590 E 13th Ave, Second Floor): Your college experience is one of growth and learning. We all face a variety of challenges and obstacles in college and in life. You may come across moments that are not easy to talk about—struggling academically, navigating personal relationships, what it's like to live with mental health concerns. It can seem like you are the only one dealing with these issues, but you are not alone. The University Counseling Center has a team that cares deeply about your development and success. We are here to support you through the challenges and celebrate your successes.

COURSE SCHEDULE

Week	Date	Topic	Readings from Sue textbook
1	9/25	Abnormal Behavior	
	9/27	History of Psychopathology	Chapter 1
2	10/2	Understanding and Treating Mental Disorders	Chapter 2
	10/4	Assessment and Classification of Mental Disorders	Chapter 3
3	10/9	Research Methods for Studying Mental Disorders	Chapter 4
	10/11	MIDTERM 1	
4	10/16	Anxiety and Obsessive-Compulsive and Related Disorders	Chapter 5
	10/18	Trauma- and Stressor-Related Disorders	Chapter 6
5	10/23	Somatic and Dissociative Disorders	Chapter 7
	10/25	Depressive and Bipolar Disorders	Chapter 8
6	10/30	MIDTERM 2	
	11/1	Suicide	Chapter 9
7	11/6	Eating Disorders	Chapter 10
	11/8	Substance-Related and Other Addictive Disorders	Chapter 11
8	11/13	Neurocognitive and Sleep-Wake Disorders – Guest lecture: Dr. Melynda	Chapter 13

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	11/15	MIDTERM 3	
9	11/20	Schizophrenia Spectrum Disorders	Chapter 12
	11/22	Sexual Dysfunctions, Gender Dysphoria, and Paraphilic Disorders	Chapter 14
10	11/27	Personality Psychopathology	Chapter 15
	11/29	Disorders of Childhood and Adolescence	Chapter 16
Final	12/8	FINAL EXAM Friday, 12/8 @ 10:15am in 145 Straub	